

Johnathan Mease

PERSONAL TRAINING AGREEMENT

**NASM CERTIFIED PERSONAL TRAINING AND CERTIFIED BODYBUILDING/PHYSIQUE
COACH**

THIS AGREEMENT IS MADE BETWEEN JOHNATHAN MEASE AND:

CLIENT (PLEASE PRINT)

FIRST LAST

TERMS AND CONDITIONS

1. Notification: Clients must notify Johnathan Mease at least 48 hours in advance if they need to cancel or reschedule a personal training session. This allows me to offer the slot to other clients on the waiting list.
2. Late Cancellations: Cancellations made less than 48 hours before the scheduled session will be charged in full to the client's financial investment. Exceptions may be made in the case of emergencies, at the discretion of Johnathan Mease.
3. No-Shows: Clients who fail to show up for a scheduled session without any prior notification will be charged the full price of the session.
4. Rescheduling: I understand that unforeseen circumstances can occur, and I will do my best to accommodate rescheduling requests made within the appropriate notice period. Rescheduled sessions are subject to availability.
5. Communication: All cancellations and rescheduling requests must be made through phone **(443)365-8407** or email **jmease1991@gmail.com** to ensure they are properly recorded and acknowledged.

6. Policy Agreement: By signing up for personal training sessions with Johnathan Mease, clients agree to abide by this cancellation policy. This policy is in place to ensure that I can continue providing high-quality, personalized training to all my clients.

Thank you for your understanding and cooperation. We look forward to helping you achieve your fitness goals.

"I HAVE CAREFULLY READ AND FULLY UNDERSTOOD THE TERMS OUTLINED IN THE ABOVE AGREEMENT. I AGREE TO COMPLY WITH ALL THE EXPECTATIONS AND CONDITIONS SET FORTH IN THIS DOCUMENT."

TRAINER

DATE

CLIENT (SIGNATURE)

DATE
