

379 EFSS FITNESS CENTER

DRESS CODE



APPROPRIATE CLOTHING ATTIRE

Tops

Tops that meet the top of the shorts or pants and do not expose excessive amounts of midriff, back or chest/cleavage

Bottoms

Shorts/pants that provide adequate coverage of the buttocks

Footwear

Appropriate athletic shoes (i.e., tennis, running, court, cross-training, minimalist footwear)



INAPPROPRIATE CLOTHING ATTIRE

Tops

Tops or shirts that expose undergarments, midriff or excessive amounts of back or chest/cleavage (i.e., backless, custom or muscle tanks)

Bottoms

Swimwear, saggy pants or shorts exposing any portion of the buttocks or undergarments while exercising

Footwear

Bare feet, open-toed shoes (e.g., flip flops, sandals), high heels or clogs

