National & Local Resources

EFMP & Me – Military Family Support efmpandme.militaryonsource.mil

Military Child Education Coalition militarychild.org

Specialized Training of Military Parents stompproject.org

Tutor.com for U.S. Military Families tutor.com/military

Health Net Federal Services tricare-west.com

Extended Care Health Option tricare-west.com/content/hnfs/home/tw/bene/wellness/care/echo.html

Autism Speaks autismspeaks.org

National Center for Learning Disabilities ncld.org

North Dakota Human Services nd.gov/dhs/services/medicalserv/medicaid

North Dakota Center for Persons with Disabilities ndcpd.org

Family Voices Of North Dakota fvnd@drtel.net

Minot Infant Development Program ndcpd.org/midp

EFMP Staff

EFMP-FS FAMILY SUPPORT STAFF

(701) 723-3950 Jenny Hartman Dakota Johnson Alicia Thompson

EFMP-M SPECIAL NEEDS COORDINATOR

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SCHOOL LIAISON OFFICE SPECIALIST

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FAMILY CHILD CARE COORDINATOR

(701) 723-6662 Kelly Pringle

EFMP Office

ADDRESS

291 Peacekeeper Place Minot AFB, ND

HOURS OF OPERATION

Monday - Friday • 7:30AM - 4:30PM

Saturday, Sunday, Family & Federal Holidays Closed

Second Thursday of Each Month Closed at noon for staff training



Updated November 2021







Exceptional Family Member Program Family Support

Helping families find and access resources and services.

What is Exceptional Family Member Program (EFMP)?

EFMP is a Department of Defense program offered by all branches of the military. It is a mandatory enrollment program for all active duty Airmen who have a special needs family member.

The program is comprised of three components:

- EFMP Medical (EFMP-M)
- EFMP Assignments (EFMP-A)
- EFMP Family Support (EFMP-FS)

These components work toward the common goal of providing comprehensive and coordinated support to families.

Who is an Exceptional Family Member (EFM)?

An Exceptional Family Member (EFM) is a family Member enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) who has a diagnosis that requires ongoing specialized medical and/or educational services

Examples might include, but are not limited to, a family member (adult/child) with Diabetes, Cancer, Asthma, Depression, ADHD, Developmental Delay, etc.

What is AF EFMP Respite Care?

AF EFMP Respite Care provides a temporary rest period and down time for parents who have children with special needs.

Participants can use up to 40 hours per month for those who meet the following eligibilities:

- EFM child(ren), age's birth through 18 years, diagnosed with moderate or severe special needs
- · Siblings, ages birth through 12 years
- EFM child(ren) must reside with the Airman who must be active duty, Guard, or Reserve if activated for at least 31 days.

If you are interested in the AF EFMP Respite Child care program as a provider or a recipient, contact the Family Child Care (FCC) Coordinator at (701) 723-6662.

How can EFMP Family Support (EFMP-FS) help?

PCS IN & OUT RELOCATIONS ASSISTANCE

Assistance is available for families relocating along with related community agency referrals, housing, employment, financial management, moving with children skills, and other PCS related topics

ONE-ON-ONE CONSULATIONS Consultations are available to any Airman, DoD civilian, or Military Family Member seeking information and resources to support their family member with special needs.

CLASSES AND WORKSHOPS

Various educational opportunities unique to EFMP families include:

- DirectSTEP
- Specialized Training of Military Parents (STOMP)
- PLAY project
- Extended Care Health Option (ECHO)
- and many more!

RECREATIONAL ACTIVITIES

Assistance is provided to ensure Exceptional Family Members (EFM) have access to installation recreation activities and various EFMP exclusive events supported by AFPC.

How do you enroll in EFMP?

You must complete a DD 2792 and/or 2792-1, and upload any applicable attachments via the DAF Family Vector website.

An administrative review is performed to determine medical and/or educational eligibility.

If your family member qualifies to be enrolled or needs to continue to be enrolled in the Exceptional Family Member Program (EFMP), the MPS staff adds a Q-code to the Airman's record in MilPDS as a designation for enrollment in EFMP.

Go to daffamily.us.af.mil or scan the QR Code below to visit to the DAF Family Vector website.

