

Family Child Care: Safe Environments Competency Reflection

Competency Reflection

Each statement below refers to behaviors or attributes you should demonstrate when interacting with children and families. Many of the competencies are directly observable during your typical workday. Other competencies may be assessed through conversations with your trainer, coach, or administrator. For each of the statements, select your current level of mastery. A similar version of this tool will be used by your trainer, coach, or administrator to guide their observation of your competencies in this content area.

E Emerging

You believe you need more information to understand or incorporate a particular competency into your practice

D Developing

You believe you have an understanding of the competency, and are working to properly apply it your work

M Mastered

You believe you have fully mastered and consistently implement a particular competency

COMPETENCY	REFLECTION			NOTES
I Direct Observation				
1 Model safety, respect, and teamwork to children throughout the day.	E	D	M	
2 Use active, age-appropriate supervision strategies for children in outdoor and indoor spaces.	E	D	M	
3 Act immediately to prevent injury.	E	D	M	
4 Count children name-to-face, at every transition, and at regular times throughout the day.	E	D	M	
5 Can state how many children are in care at all times.	E	D	M	
6 Note any children who leave the group for any reason, (bathroom, child picked up early for a doctor's appointment, etc.).	E	D	M	
7 Have a current roster of children in care at all times.	E	D	M	
II Observation or Conversation				
1 Conduct a safety check of the indoor and outdoor environment daily before children arrive.	E	D	M	
2 Monitor both indoor and outdoor spaces for safety issues throughout the day and correct any problems immediately.	E	D	M	
3 Teach children how to use toys and materials safely.	E	D	M	

COMPETENCY	REFLECTION	NOTES
4 Create and follow a safe sleep policy and share it with families.	E D M	
5 Trained about safe sleep practices and has shared this information with back-up providers.	E D M	
6 Establish an appropriate routine during nap times for older children who don't nap (i.e., reading books, quiet toys, or supervised play).	E D M	
7 Check the temperature of outdoor play surfaces.	E D M	
8 Bring sunscreen, the attendance list, coats, tissues, and other necessary supplies outdoors.	E D M	
9 Establish and follow program's child guidance and touch policy.	E D M	
10 Establish and share procedures for reporting abuse and neglect in the program.	E D M	
11 Create emergency response plans and establish a strategy to stay informed during emergency situations.	E D M	
12 Practice the emergency plans with the children in care regularly.	E D M	
13 Communicate emergency procedures to families and back-up providers.	E D M	
14 Establish a plan of action with back-up provider in the event provider or child need to be transported to the hospital.	E D M	
15 Establish a plan of action with your back-up provider in the event you or a child need to be transported to the hospital.	E D M	
16 Know where your accident or injury report forms are located and the procedure for completing this form.	E D M	
17 Know how and when to call 911.	E D M	
18 Establish program's field trip policies and share with families.	E D M	
19 Count children frequently on field trips by matching name to face.	E D M	
20 Establish a drop-off and pickup process and communicate this routine to families.	E D M	
21 Conduct a daily pre-trip safety inspection of the vehicle you use to transport children.	E D M	
22 Secure each child in his or her own safety restraint approved for height and weight prior to transporting children.	E D M	
23 Develop Internet safety guidelines.	E D M	
III Environmental Evidence		
1 Lock away items that could potentially be dangerous to children.	E D M	
2 Identify major hazards immediately and do not permit children to play in the problem area until the issue is fixed.	E D M	

COMPETENCY	REFLECTION	NOTES
3 Select materials and toys with children's safety and age in mind.	E D M	
4 Use a program roster to record the clock time when children arrive and depart.	E D M	
5 Remind children of safety rules and actively teach children how to follow them.	E D M	
6 Use the daily safety checklist to inspect toys and materials for safety.	E D M	
7 Post primary and secondary evacuation routes and emergency phone numbers in all areas of your home where children are cared for.	E D M	
8 Have a fully stocked first-aid kit in your home that can also be taken outdoors and on field trips.	E D M	
9 Ensure first-aid and CPR training are current for you and your back-up provider.	E D M	

IV Concluding Reflections

My overall strengths in this area:

I want to strengthen my practice in:

COMPETENCY

REFLECTION

NOTES

My plans to achieve these goals: