End of Course Assessment

1. What is the difference between cleaning, sanitizing, and disinfecting?

2. Describe at least three ways you keep toys and materials clean in your program.

3. List at least five instances when caregivers should wash their hands.

4.	What are the seven basic steps to handwashing?
5.	Two-year-old Evie is having lots of bathroom accidents in your program. What are some things to think about as you consider whether Evie is ready for potty training?
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6.	You are leading a song on your circle time rug. When the children stand up, you notice that three-year-old
	Calvin's pants are wet. You suspect he has had an accident. What do you do next?
7.	How can you ensure that the restroom is a healthy environment for the children in your care?

8.	You are completing a daily health check at drop off. What are four things you will be looking for?
9.	Explain your program's exclusion and readmission policies.
10.	Describe at least three benefits of family-style dining with young children.
11.	Four-year-old Lucy's mom asks how you practice portion control in your family child care program. What do you say?

12.	Ten-year-old Sam's mom asks how much food he is eating in your program. She is concerned that Sam is eating too much. What do you say to her?
13.	Name three important things to remember about proper bottle-feeding techniques.
14.	A parent asks how you support children who are facing stressful challenges. What do you tell them?
15.	How can you support children and families before, during, and after deployment?

16.	Eight-year-old Devon will start coming to your program next week, and you just found out that he has asthma. What do you need to do before Devon starts next week?
17.	Name at least three of the eight most common foods that can cause allergic reactions.
18.	Name at least three ways to keep your program space clean and healthy.
19.	Some children in your family child care program are beginning to experience puberty. What are three things you can do to support them through this stage?

20. What are four potential stressors for school-age children?