

Beale Military & Family Readiness Center Welcomes You

INTRODUCTION – Your Military & Family Readiness Center (M&FRC) is here to support all members of the Air Force and Space Force family (active duty, dependents, civilians, retirees, etc). The goal of our services is readiness for all military members.

M&FRC INFO

- Phone Number and Operating Hours: 530-634-2863; Mon, Tues, Thur, & Fri 0730 – 1630, Wed 0730 - 1330
- Location: 17800 B St (corner of 13th & B St); Bldg 2179
- Website: <http://www.bealefss.com/afrc> (public access from your home or office computer)
- Four computers, fax, and scanner available
- **Like us on Facebook- search “Beale Military and Family Readiness Center”**

RELOCATION ASSISTANCE – Services, information, & workshops to assist PCS’ing personnel & family members.

Base Newcomer’s Orientation - Mandatory INTRO for newly assigned military members & civilian employees.

- 0745 – 1400 includes briefings from WG/CC, OPSEC, EO, Safety, SFS, Ed Center, SAPR, OSI, Med Group, etc.

Happy Landings – Base welcome/orientation program for spouses new to the military culture.

- Presenters include: 9RW/CC & Spouse, TRICARE, Chamber of Commerce, Community Services, Medical Group, etc.
- Offered on a quarterly basis.

Smooth Move for PCS – Virtual briefing for those PCS’ing to their next assignment; joined by Finance & Personal Property/TMO

Immigration- Work with USCIS Office for Service Members and their Families about the application statuses.

PERSONAL FINANCIAL READINESS

- **One-on-one counseling available** (Professional Financial Counselor or on-staff counselor) by appointment – evening appointments via Zoom are available.
- Workshops offered on a variety of financial topics, including **Basic Investments, Car Buying Strategies, Thrift Savings Plan, Home Buying/Selling, Ditching the Dorms.**
- Services include review of and assistance with reconciling disputes of credit reports, obtaining credit reports, personalized debt reduction plans and tips for maximizing benefits received while serving.

AIR FORCE AID SOCIETY (AFAS) – In addition to financial assistance for emergency situations, AFAS provides the following services:

- **Child Care for PCS** –
 - 20 FREE hours of childcare, per child, in an on-base Family Child Care home (must be used within the first 60 days of departure from or arrival at the base).
 - Military members should stop by the M&FRC to pick up a **Certificate of Eligibility.**
 - The Family Child Care (FCC) coordinator assists with locating a provider. FCC can be contacted at 530-634-4418 or on duty cell 530-812-3117.
- **Bundles for Babies:** Congratulations on your new or impending birth! Come learn to be financially prepared for your new bundle of joy! Receive a \$50 voucher.

***For emergency travel assistance please call the American Red Cross at 1-877-272-7337.**

TRANSITION ASSISTANCE –

- **Mandatory Requirement: Initial Counseling/Pre-Separation Briefing: Required NLT 365 days prior to date of separation/retirement** This briefing is a “pre-requisite” before you can attend the monthly TAP seminars. Even if you are planning to re-enlist, you are still required to attend this briefing. Recommend attending 14 to 18 months prior to separation; 24 months prior to retirement. Early preparation is the key to a successful transition!
- **TAP Seminar:** 5-day class held monthly. During this seminar, you will learn about the job search process, financial planning for transition, and your VA Benefits and Services.

VOTER ASSISTANCE PROGRAM - Installation Voter Assistance Program Officer is located in the M&FRC Call 530-634-2863 for assistance. Learn more at FVAP.gov

EMPLOYMENT ASSISTANCE - Assistance with career development, resume writing, job search strategies, and interview preparation are just some of the services available to you. Computers and Internet access are available for resume writing, job search, and employment research.

- **5 Steps to Professional Employment** – Workshop designed to equip attendees with the knowledge to find, apply, and get positions in the civilian workforce. Followed by resume review if requested.
- **10 Steps to Federal Employment** - Utilizing curriculum developed by leading industry expert, course will familiarize participants with the process of finding, applying for, and obtaining federal employment.
- **LinkedIn**- Learn how to create an effective LinkedIn profile, to effectively network online, how to find your dream job on LinkedIn, and much more!

PERSONAL AND FAMILY READINESS INFORMATION – Support services to assist military members and their families during deployments and TDYs longer than 30 days.

- **Pre-deployment Briefings** –READI conducted first & third Wednesday of each month. Information on emotional changes, relationships, children’s reactions, tips on how to stay connected provided.
- **Hearts Apart Activity** – Held quarterly for families of deployed/remote members; includes fun activities for all family members.

PERSONAL AND WORK LIFE – A variety of proactive and preventive services designed to promote self-sufficiency and sustain personal and family readiness.

- **Key Spouse Program**- Initial/Refresher training offered quarterly in a group setting, virtually via MilitaryOnesource, and on a 1:1 basis. Key Spouse Mentor training requires an additional 1:1 meeting. Networking and educational opportunities one quarterly basis.
- **Heart Link**- Bus/Mission Tour- offered quarterly.
- **Single Parent Network**- Information and resources provided to support the Single Parents at Beale.

EXCEPTIONAL FAMILY MEMBER PROGRAM- FAMILY SUPPORT (EFMP)

- Information and Referral – Community programs/events and resource referrals in support of special needs families.
- Weekly play group, annual camps, quarterly events with exciting activities.

CASUALTY ASSISTANCE/SBP – Provides prompt reporting, dignified & humane notification, efficient, thorough, and compassionate assistance to family members and beneficiaries. Mandatory Survivor Benefit Plan briefings are administered through the Casualty Assistance/SBP office (530-634-3144).

AIR FORCE FAMILIES FOREVER (AFFF)- A long-term aftercare program to provide proactive outreach to family members who have lost a loved one serving on active duty at the time of their passing. The mission of AFFF is to link families of fallen members to their Air Force Family promoting survivor resilience, fostering well-being and connection.

VA BENEFITS ADVISOR –Beale AFB VA Benefits Advisor: The VA Benefits Advisor is available to assist with benefits questions such as VA home loans, Education benefits, VA Healthcare, etc. The VA Benefits Advisor, Mr. Cesar Macher is located at the M&FRC and can be reached at (530)-634-2828, or by cell at (571)-461-8716, or by email at cesar.macher@vatap.calibresys.com.

Military & Family Life Counselor (MFLC) - Do you need someone to talk to? MFLCs are available to listen. Consultations are free and anonymous. No records kept. To schedule an appointment, call 530-434-3705/ 530-777-8170.

Emergency Family Assistance Center (EFAC)- The mission of the EFAC is promoting short- and long-term recovery and the return to a stable status for DOD personnel and their families following an all-hazards incident. Contact the M&FRC for more information.

Beale AFB App – available on USAF Connect; download for free through Google Play or Apple App Store. Go to Favorites (at bottom) and add Beale AFB as a favorite