

May 2021

THE  
**RECREATION**  
MAGAZINE



Spring  
Bazaar

SATURDAY, MAY 8

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VIRTUAL  
Social  
Hour

THURSDAY, MAY 13

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GLOW  
RUNK

FRIDAY, MAY 14

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♥ ♠ ♣ ♦  
TEXAS  
HOLD 'EM

FRIDAY, MAY 21

*page 6*

Support  
our Beale  
Home-Based  
Businesses

# Spring Bazaar

May 8 • 10am–5pm • Community Center

Shop for birthdays, weddings or treat yourself at these small businesses.  
Enjoy demos, crafts, a cake walk, and giveaways.



[www.BealeFSS.com/Community-Center](http://www.BealeFSS.com/Community-Center) **Community Center** • 634-3140 [www.facebook.com/BealeCAC](http://www.facebook.com/BealeCAC)

# Glow Run

**FAMILY FRIENDLY!**



**STROLLERS WELCOME!**

**To sign up, scan the QR code with your mobile device.**

*Registration is required due to current COVID guidelines.*



**Friday • May 14 • 6:45pm & 7:30pm**

*Please select your preferred start time when you sign up using the QR code.*

**Start/Finish in the field behind the Youth Center**

**Dress in old white clothes and come prepared to be covered in glow paint. Paint Sprayers will be positioned around the course to spray you as you run by. At the finish line, have your picture taken at our photo booth to show off your GLOW.**

*The Glow Paint being used has been specially formulated to be as safe as possible. It is a non-toxic water based washable fluorescent neon paint that glows under a black light (ultraviolet light). While it was designed to wash off skin and most surfaces, it can leave mild stains on certain materials that are light colored. Keep your glow T-shirt as a souvenir to remember the Glow Run.*



**GLOW RUN**

**Every finisher will receive a pin!**

*Proudly sponsored by:*



*No federal endorsement of sponsor intended*



# COWABUNGA COCKTAILS IS BACK AND HEADED YOUR WAY!

9 FSS will have an adult beverage cart driving through base housing selling specialty cocktails and other adult beverages.

Meet us at the stop closest to your house!

**Friday, May 7**  
**starting at 5:05pm.**



## Alcoholic Beverages

Peach Lemonade with Bourbon or Rum, \$5  
*(served with a gummy peach ring!)*

Piña Colada Sangria \$5  
*(with fresh pineapple, cherry & cocktail umbrella)*

Jack & Coke, \$5

Beer & Wine, \$3

## Non-Alcoholic

Non-alcoholic Peach Lemonade, \$2  
*(served with a gummy peach ring!)*

**Cash recommended! ID is required.**

Assortment  
of specialty  
flavored  
popcorn  
\$1

## COWabunga Stops

*Times are approximate.*

- 1 Corner of Texana Way and E Garryanna Dr. ~5:05–5:20pm
- 2 Corner of Allegheny Dr. and Tyburn Dr. ~5:25–5:45pm
- 3 Corner of Tyburn Dr. and E Garryanna Dr. ~5:50–6:10pm
- 4 Corner of Danbury Dr. and Tannen Way ~6:15–6:35pm
- 5 Corner of Delmar Dr. and Ridge Rd. ~6:40–6:55pm
- 6 Middle of Troutman Dr. ~7–7:15pm
- 7 Corner of Ridge Rd. and Ilex Way ~7:20–7:40pm
- 8 Lakeview Dr. ~7:45pm

*If you are driving through housing during this time, please adhere to posted speed limits—a larger number of people will be outside and crossing the street.*

You must walk to our Cowabunga stops in order to be served alcoholic beverages. We reserve the right to refuse service to anyone.



**9TH FORCE SUPPORT SQUADRON**

Lt Col, Bobby Hale, *Commander*  
 Jim Buck, *Deputy Director*

**MARKETING**

Blair Downs, *Marketing Director*  
 Ricky Villegas, *Sponsorship*  
 Tom Tennes, *Graphic Design*  
 Cathy Rodgers, *Graphic Design*  
 Erica Fowler, *Social Media/Web*

The **RECCE MAGAZINE** is published monthly by the Beale AFB 9th Force Support Marketing Department. Contents of the RECCE Magazine are not necessarily the official views of, or endorsed by, the U.S. Government, the DoD, or the Department of the Air Force. The appearance of advertising in this publication does not constitute endorsement by the federal government.

**ALL PROGRAMS, DATES AND TIMES ARE SUBJECT TO CHANGE.**

For information regarding advertising in the Recce Magazine or to sponsor a program or event contact:  
 9th Force Support Marketing Office  
 6249 C Street, Beale AFB, CA 95903  
 530.634.5407/634.2283



[www.BealeFSS.com](http://www.BealeFSS.com)



[www.facebook.com/Beale9FSS](http://www.facebook.com/Beale9FSS)



[www.instagram.com/Beale9FSS](http://www.instagram.com/Beale9FSS)



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An Equal Opportunity Employer  
 NON-APPROPRIATED FUND JOBS AVAILABLE  
 Steady Employment | Full & Part Time | Enjoy Benefits



- Currently Hiring:**
- Lifeguards
  - Cashiers
  - Cooks
  - Recreation Aids
  - Motor Vehicle Operator
  - Child & Youth Program Assistant
  - Guest Services Rep

**HOW TO FIND NAF POSITIONS FOR BEALE AFB STEP BY STEP INSTRUCTIONS**

- Logon to USAJobs.gov
  - Type "Air Force Services" into the Keywords box
  - Type Beale AFB into the Location box
  - Select Search
- Select the More Filters tab
  - Under Distance within, change to 0 miles



For assistance, email [9FSS.FSMH@us.af.mil](mailto:9FSS.FSMH@us.af.mil).  
**NAF Human Resources • 634-2240**  
[www.BealeFSS.com/naf](http://www.BealeFSS.com/naf) [www.facebook.com/Beale9FSS](http://www.facebook.com/Beale9FSS)

# JOIN US FOR SATURDAY MOVIE NIGHT AT THE INDEPENDENCE CINEMA

Doors open at 6:30pm • SHOWTIME at 7pm

**\*\* FEATURING \*\***



May 1



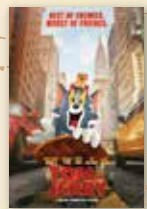
**MIGHTY DUCKS**  
(1992)  
Rated PG

May 15



**MONSTER HUNTER**  
Rated PG-13

May 29



**TOM & JERRY:**  
Best of Enemies,  
Worst of Friends  
Rated PG

Reservations are no longer required, however, due to social distancing the theater can accommodate no more than 80 patrons. First come, first served.

Independence Cinema • 634-3140  
[www.BealeFSS.com/Independence-Cinema](http://www.BealeFSS.com/Independence-Cinema)



# TEXAS HOLD 'EM



**FRIDAY, MAY 21**  
SIGN UP AT 5:30PM  
TOURNAMENT STARTS AT 6PM

Free Appetizers  
Food & Drink Specials

**WINNER TAKES ALL**  
FIRST PLACE WINNER 65" SMART TV

Members Free ~ Non-Member \$25  
OPEN TO AGES 18 & OLDER  
RSVP BY MAY 21  
MASKS REQUIRED

**RECCE POINT CLUB**

Recce Point Club • 634-5831  
[www.BealeFSS.com/Recce-Point-Club](http://www.BealeFSS.com/Recce-Point-Club) • [www.facebook.com/ReccePointClub](http://www.facebook.com/ReccePointClub)

≡ BEALE AFB ≡

# VENTURE PARK

Beale's New Adventure Park!

Located near the old Golf Pro Shop.



AXE THROWING



CORN HOLE



HORSESHOES



DRIVING RANGE

COMING SOON TO VENTURE PARK!



PAINTBALL



DISC GOLF

NOTHING VENTURED...NOTHING GAINED!

# VIRTUAL *Social Hour*

WITH FIRST COMMAND,  
*featuring* MIXOLOGIST  
ADAM STEMMLER

TO SIGN UP, SCAN  
THE QR CODE  
WITH YOUR  
MOBILE DEVICE.



PROUDLY SPONSORED BY:



LEARN HOW TO MAKE COCKTAILS  
WITH HOMEMADE SYRUPS & FRESH INGREDIENTS.

## *Act Two*

SPRINGTIME COCKTAILS *with* CHAMOMILE

MAY 13 • 7:30PM • VIA ZOOM



This month, learn how to make an **Act Two**, a cocktail with chamomile infused vodka and lemons. Pick up your Cocktail Kit (*limited quantity*), Zoom link & password May 10-11 at the Marketing Office (located in the FSS building).



**Mother's Day**  
**MOM BOWLS FREE!**  
 Bring mom bowling  
**Saturday, May 8** and  
 mom bowls free  
 with her family!

**KIDS BOWL FREE**  
**IS BACK FOR SUMMER 2021!**  
 Sign up at [www.KidsBowlFree.com/airforce](http://www.KidsBowlFree.com/airforce)  
 and select **BEALE LANES!**  
**Kids will get 2 FREE GAMES**  
**every day June through August!**  
 Does not include shoe rental.  
 Available on open lanes.

**2021 SUMMER LEAGUES**  
 WE ARE NOW ACCEPTING SIGN-UPS FOR THE  
 2021 SUMMER LEAGUE SEASON!

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**MIXED HANDICAPPED TRIOS**  
 Thursdays at 6pm, starts May 6  
 Teams of 3. Bowl 3 games per week.  
 \$15 person/week (15 weeks, plus Sweeper Night)

**KIDS BOWLING LEAGUE**  
 Fridays at 4pm, starts May 7  
 Teams of 2. Bowl 2 games per week. Bumpers optional.  
 \$6 per person/week (10 weeks)

**634-2299**

[www.facebook.com/BealeLanes](http://www.facebook.com/BealeLanes) | [www.bealefss.com/beale-lanes/](http://www.bealefss.com/beale-lanes/)

# AUTO HOBBY ALL-NIGHTER

## MAY 21-22



The Auto Hobby All-Nighter gives you time to tackle large projects and catch up on maintenance that has been neglected due to COVID.

**Tool & Parts Attendant available  
Friday & Saturday • 9am-5pm**



**Mechanic available  
Friday • 5pm-1am  
Saturday • 1-9am**  
*Mechanics can assist with projects and answer questions.*



**Limited to 9 customers in building at  
any one time, first come, first served.**

**Masks and social distancing required.  
Policies may change depending on  
installation HPCON at time of event.**



**OPEN 34 HOURS  
STRAIGHT!**

**Friday, 7am-Saturday, 5pm**

**FREE STALL FEES  
PLUS GIVEAWAYS**

*Call for details*



**Fender-bender or door dings?**  
**Take advantage of our 30+**  
**years of experience providing**  
**quality repair and custom**  
**paint jobs. We provide free**  
**estimates and can even service**  
**your insurance claims. Call the**  
**Skills Center Body & Paint**  
**Shop at 634-2535.**

**Skills Center Body & Paint Shop • 634-2535**  
[www.BealeFSS.com/auto-hobby-center](http://www.BealeFSS.com/auto-hobby-center) • [www.facebook.com/BealeAutoHobby](http://www.facebook.com/BealeAutoHobby)

*This is No Ordinary T-shirt, it's a*

**Bling  
T-shirt**

**May 26 • 4–6:30pm • \$40**

*Design an awesome shirt using sparkly rhinestones and a heat press. We have several stencils for you to use. Learn something new and fun. Price includes shirt, instruction and all supplies. Register by May 19 at Arts & Crafts.*



**Arts & Crafts Center • 634-2294**  
[www.BealeFSS.com/Arts-Crafts-Center](http://www.BealeFSS.com/Arts-Crafts-Center) • [www.facebook.com/BealeArtsAndCrafts](http://www.facebook.com/BealeArtsAndCrafts)



### *Kayak Lake Englebright*

Join us as we paddle this beautiful lake.  
Enjoy the sun or try your luck at fishing.

May 1 • 9am–1pm

\$10 (trans. & equipment) Sign up by April 27



### *Wreath Making Tea Party*

Come by the OAC and enjoy a cup of tea as we learn to  
make a natural wreath for Mother's  
Day or a decorative piece for your home.

May 8 • 1:30–3:30pm

\$35 (supplies & beverage) Sign up by May 4



### *Table Mountain Day Hike*

Venture through the North Table  
Mountain Ecological Preserve.

May 9 • 9am–3pm

\$10 (transportation) Sign up by May 4



### *McCloud-Burney Falls Hike*

We'll make our way to experience one of Northern  
California's most beautiful waterfalls!

May 15 • 6am–7pm

\$25 (transportation) Sign up by May 11



### *Wine Tasting Trip*

Join us for an afternoon sampling a variety  
of local wines. Tasting fees may apply.

May 16 • 12–4pm

\$15 (transportation) Sign up by May 11



### *Nevada City Tribute Trail*

We'll hike this trail to visit the historic  
Nevada City and Native American sites.

May 22 • 9am–1pm

\$15 (transportation) Sign up by May 18

# *Your Outdoor Adventure begins with us!*



## Paddle Board Collins Lake

Hop aboard one of our Standup Paddle Boards as you gently paddle across this mountain lake.

**May 23 • 9am-1pm**

**\$20** (trans. & equipment) **Sign up by May 18**



## Lindsey Lake Camping

We'll set up camp near this beautiful mountain lake.

Relax, take a hike, or try your luck at fishing.

**May 29-30 • Sat., 9am-Sun., 6pm**

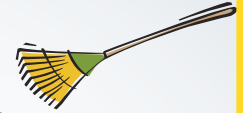
**\$25** (trans. & equipment) **Sign up by May 25**

# May Rental Special!

## Get 10% Off Yard & Lawn Equipment Rentals!



# Does your yard need some TLC?



The Outdoor Adventure Center has a wide variety of yard tools available for rent by the day or the weekend.

*A short list of available rentals:*

- Electric Hedge Trimmer
- Weedeater (gas & electric)
- Leaf Blower (gas & electric)
- Wheelbarrow • Lawnmower
- Misc. Hand Tools



**To make your outdoor adventure experience as safe as possible, the OAC is taking the following precautions for COVID prevention:**

Vehicles will have plastic dividers or six feet of distance, and sanitized before use and before re-entry.

Equipment will be sanitized before use. Hand sanitizer provided for participant use.

# Realize Your Dreams. START FLYING!



## DISCOVERY FLIGHT

# \$50

FOR SINGLE AIRMEN  
AND DEPLOYED AFFECTED.

*Includes an approximately  
45 minute flight with 45 minutes  
of ground instruction.*

*This is an R4R Program. Spaces  
are limited on a first come, first  
served basis to those who qualify.*

(Regular price: **\$150**)

### THE BEALE AERO CLUB FLIGHT TRAINING CENTER OFFERS:

#### Private Pilot Ground School

Aircraft Systems,  
Aerodynamics,  
Airport Layouts & Markings,  
Communications & Navigation,  
Physiology, Weather Regulations,  
and Cross Country Planning

#### Specialty Flight Training

Private Pilot Rating  
Instrument Rating  
Commercial Rating  
Certified Flight Instructor (CFI)  
Certified Flight Instrument Instructor (CFII)

**Aero Club • 634-9011**

[www.BealeFSS.com/Aero-Club](http://www.BealeFSS.com/Aero-Club) [www.facebook.com/BealeAeroClubFTC](https://www.facebook.com/BealeAeroClubFTC)



## • LUNCH MENU •

*Served Wednesday-Sunday, 11am-1pm*

Chili Dogs .....	1 for \$4 / 3 for \$6
Hot Dogs .....	1 for \$3 / 3 for \$5
Beer Brat w/beans & potato salad .....	\$7
Steak Sandwich w/beans & potato salad .....	\$7
Pulled Pork Sandwich w/beans & potato salad ..	\$7
Steak Nachos .....	\$7
Pulled Pork Nachos .....	\$7
Chili Cheese Nachos.....	\$6
Plain Nachos .....	\$5
Chips .....	50¢
Cookies .....	\$1
Soda/Gatorade/Arizona Tea.....	\$1
Bottled Beer .....	\$3
Bottled Water .....	\$1

• AMERICAN LEGEND •

**Rod & Gun Club • 788-2473** [www.BealeFSS.com/Rod-n-Gun](http://www.BealeFSS.com/Rod-n-Gun)

## GET YOUR FINANCIAL LIFE SQUARED AWAY



- Face-to-face financial coaching for our Nation's military families
- Knowledgeable advice about the TSP and other military benefits
- Insurance solutions for protecting your family's financial security
- Investing strategies for retirement, education funding and other goals
- Budgeting, debt reduction and cash management



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## LAKEHOUSE POOL

# Splash Pad

Open 7 days a week  
effective May 31, from 2-6pm  
Please call 634-4952 to reserve.

In order to open safely, reservations will be required in blocks of 45 minutes, beginning on the hour. The remaining 15 minutes of the hour will be used to turn over the area. The Splash Pad will be sectioned off into three areas, allowing for 3 groups at a time, no more than 6 people per group, and a max of 10 people at one time. Masks are required during check in/out and may be removed once you have reached your assigned section. Please continue to practice physical distancing. The Splash Pad is FREE. For reservations call the Lakehouse Pool at 634-4952 between 12-6pm.

Lakehouse Pool • 634-4952



Drs. Insiya & Raj Zanzi



*"A Healthy Smile  
is A Beautiful Smile!"  
We Welcome Beale AFB Families*

- **WE ACCEPT MILITARY INSURANCE** •   
- Evening & Saturday Appointments Available
- New Patients & Emergencies Welcome
- Flexible Payment Plans
- Crowns, Root Canals, Implants, Veneers and Dentures
- Digital X-rays, IntraOral Camera, Massage Chairs, and NETFLIX
- Braces & INVISALIGN for adults & kids



*Gentle Family & Cosmetic Care*  
**Raj Zanzi, DMD • Insiya Zanzi, DDS**  
**Allen Sanders, DDS** (Orthodontics)

**\$50 CREDIT**  
Towards Dental Work  
(Excluding exam, x-rays, cleaning & deductible)\*  
*New patients only, one per family*  
\*Not valid with any other offer.  
Expires: May 31, 2021

  **916-797-0825**  YouTube

**1424 Blue Oaks Blvd., Roseville (Hwy 65 & Blue Oaks exit)**

**www.12BridgesDental.com**

Paid Ad. No Federal Endorsement of Advertisers Intended.

# Finish your Bachelor's Degree in **2 Years or Less!**

**CCAF degree guaranteed to cover  
AT LEAST HALF of the required degree credits!**

## **BAS in Technology & Management**



**Air University AU-ABC  
Category 1 Partner**

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## **Oregon TECH**

**Oregon Institute of Technology**

**Jeff Smith**  
USAF, Retired

Want more Info? **USAF@oit.edu**  
**oit.edu/au-abc**



THE BEALE AIRMAN AND FAMILY READINESS CENTER  
PRESENTS:

# Spouse Appreciation Bingo

AT THE A&FRC

7 MAY 2021 - 0930-1100

RSVP REQUIRED: 530-634-2863

RSVP BY COB 5 MAY

SPACE IS LIMITED

OPEN TO ALL BEALE SPOUSES

CELEBRATE THE BEALE

MILITARY SPOUSE!



IN CASE OF INCLEMENT WEATHER THE EVENT WILL TAKE PLACE AT THE BASE THEATER

## AIRMAN & FAMILY READINESS CENTER *Classes and Workshops*

### *Via Zoom!*

Call 634-2863 to register and receive your Zoom invitation.

### **Ditching the Dorms**

**MAY 6 • 7-8:30pm**

A class for those who have never lived on their own and want to move out of the dorms.

### **DOL Career & Credentialed Exploration (C2E)**

**MAY 11-12 • 8am-4pm**

You'll complete personalized career development assessments resulting in tailored job recommendations.

### **EFMP Orientation "Everything EFMP"**

**MAY 14 • 11am-12:30pm**

Learn all that the EFMP program has to offer.

### **LinkedIn**

**MAY 24 • 10am-12pm**

Learn how to create an effective LinkedIn profile and how to effectively network on line.

### **Federal Resume Tips**

**MAY 27 • 9-11am**

A workshop to prepare those interested in federal job opportunities and preparing federal resumes.

### *In-person Classes!*

Classes are held at the A&FRC.  
Call 634-2863 to register.

### **Retirement Planning Starter**

**MAY 3 • 9-10am**

Principal concepts of saving, investing, and managing financial considerations relative to your TSP account.

### **Marriage Financial Planning**


**MAY 3 • 11am-12pm**

A class for married couples to organize their finances and other changes that come with marriage.

### **Ditching the Dorms**

**MAY 6 • 9-10:30am**

A class for those who have never lived on their own and want to move out of the dorms.



**BUNDLES FOR BABIES**

**May 14 • 9am-12pm**

A class focusing on budgeting for your baby from conception to college. Plus, information available on other programs.

The graphic features a white stork carrying a blue bundle with a baby's face on it. There are also small icons of a dollar sign, a minus sign, and a plus sign scattered around.

# Asian American Pacific Islander Heritage Month at Hub Zemke Library

## Story Time

Thursday, May 6 • 10am

*Ideal for preschool children. Join us at the library or via Zoom  
(email the staff for your Zoom password at [hzlstaff@gmail.com](mailto:hzlstaff@gmail.com).)*

## Heritage-Themed Crafts

All Month

*Stop in for kits designed for children and teens,  
or email the staff for curbside  
pick-up.*

# KIDS NIGHT OUT!

May 14 • 6–8:30pm

Have fun with crazy games and whacky challenges!  
Join the fun in the various activity rooms or the gym.  
Refreshments included. Add a meal deal for \$3.

Sign up by May 12 • Ages 5–12 • Cost: \$10



## FRIDAY FUN!

### FIRST FRIDAY TEEN NIGHTS!

Check out the great things  
the Youth Center offers!

**GYM • POOL TABLE  
AIR HOCKEY • ART ROOM  
VIDEO GAME • TEEN CENTER**

Planned activities and  
FREE snacks are provided.

### VIRTUAL FRIDAYS

Log on and join the fun!

**SPORTS • ART • SCIENCE  
LIFE SKILLS • CHARACTER  
LEADERSHIP SKILLS**

Visit [www.Facebook.com/  
BealeYouthPrograms](http://www.Facebook.com/BealeYouthPrograms)  
to connect to these courses.

**SUMMER CAMP STARTS MONDAY, MAY 17!**

Visit [www.MilitaryChildCare.com](http://www.MilitaryChildCare.com) to register.

Contact the Youth Center for more details.

# Mom and Son ROCK-n-BOWL

Friday, May 21

~ 6:00–8:30pm ~

Beale Lanes Bowling Center

Enjoy a night of unlimited bowling and  
dinner with just you and your son!  
(Optional Bumper Bowling for the littles!)

**COST: \$20 PER COUPLE**

Sign up by May 19



# EXPANDED CHILD CARE

## Family Child Care needs YOU!

FCC needs individuals willing to open their hearts and homes to another child or children to provide Extended Child Care. All care providers will be given training to complete licensure of their home for child care.

If you love children, this is an opportunity that can't be missed!

- Work out of your own home!
- Set your own hours!
- Build your resume!
- Provide much needed help to service members and their children!

Contact the FCC office at 530-812-3117 to start your application process today!



**812-3117**

email: BealeFCC@gmail.com



The Beale Child Development Center is looking for Early Childhood Professionals, entry through leadership levels!



### Employment offers:

Great Starting Wages • Accredited Education & Training  
Military Spouse Preference • Room for Growth  
Work with Professional Staffing

### HOW TO APPLY

Log on to [www.usajobs.gov](http://www.usajobs.gov) and create an account.  
Search KEYWORD: **Child and Youth Program Assistants**  
Enter LOCATION: **Beale AFB**  
Follow direction to apply and wait for a response.

### FOR ASSISTANCE

Email: [9FSS.FSMH@us.af.mil](mailto:9FSS.FSMH@us.af.mil)  
or call Beale NAF Human Resources at 530-634-2240  
[www.BealeFSS.com/NAF](http://www.BealeFSS.com/NAF) • [www.facebook.com/BealeFSS](http://www.facebook.com/BealeFSS)

Child Development Center • 634-4717

[www.BealeFSS.com/CDC](http://www.BealeFSS.com/CDC) • [www.facebook.com/BealeYouthPrograms](http://www.facebook.com/BealeYouthPrograms)

# MILITARY SPOUSE APPOINTMENT CARE

A **NEW** TYPE OF EXPANDED CHILDCARE IS BEING OFFERED IN OUR FAMILY CHILD CARE HOMES!

## ELIGIBILITY REQUIREMENTS FOR THE PROGRAM

- Spouse of Military Member.
- Active Duty or Reserve/Guard in activated status.
- Sponsor must be at work, on directed crew rest, or must attend the appointment with the spouse.
- No other adult in the household available to provide care.
- Spouse must be attending an approved appointment.

\*An ECC form with the active duty members supervisor's signature along with verification of an appointment is needed to qualify.

Family Child Care • (530) 812-3117

[www.BealeFSS.com/Family-Child](http://www.BealeFSS.com/Family-Child)



## EXAMPLES OF APPROVED APPOINTMENTS ARE:

- Medical appointments
- Classes offered by:
  - Airmen & Family Readiness Center
  - Chaplain & Family Advocacy
  - Medical Agencies

## EMPLOYMENT OPPORTUNITIES

- Job interviews
- Initial job training/new employee orientation

(Volunteer opportunities are not an approved appointment)

All requests must be turned into the Beale Family Child Care Coordinator at least **72 hours** in advance of appointment.

Requests can be sent to:

✉ [BealeFCC@gmail.com](mailto:BealeFCC@gmail.com)

# EFMP & RESPITE CARE PROGRAM

Receive 40 hours per month of free child care for military families with a disabled child.



If your child has a disability, your family may qualify to be Q Coded and registered with the EFMP program with the Air Force.

If you are verified as an EFMP family, you can qualify for Respite Care for the child with a disability, and for all the siblings as well. The hours and the respite care providers are scheduled monthly through the FCC Coordinator.



Contact the FCC Coordinator at (530) 812-3117 or [bealefcc@gmail.com](mailto:bealefcc@gmail.com) for Respite Care.

To learn more about the EFMP Program, please contact **Kim Hogue** at [kimberly.hogue.1@us.af.mil](mailto:kimberly.hogue.1@us.af.mil) or the EFMP Medical Specialist, **Melissa Gardner** at [melissa.gardner.ctr@us.af.mil](mailto:melissa.gardner.ctr@us.af.mil).

TWELVE PEAKS TO CONQUER...BAG ONE OR BAG 'EM ALL!

# BAG The PEAKS CHALLENGE!

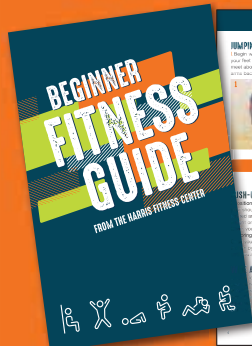


The Fitness Center has chosen 12 peaks to climb around Northern California that have various challenges.

Pick up your Bag the Peaks guide at the front desk.  
HARRIS FITNESS CENTER • 634-2258

## AVAILABLE NOW!

-Pick up your copy today!-  
FROM THE HARRIS FITNESS CENTER



<p><b>HUMPING LACKS</b></p> <p>Stand with your feet together and arms by your sides. In one motion, jump up and down with your feet together and arms by your sides. Repeat 10 times. This exercise will help you build strength in your core and improve your balance. It's a great warm-up exercise for your core and legs.</p>	<p><b>HIP BRACES</b></p> <p>Stand with your feet together and arms by your sides. In one motion, lean back and touch your feet to the floor. Repeat 10 times. This exercise will help you build strength in your core and improve your balance. It's a great warm-up exercise for your core and legs.</p>
<p><b>ISIR-UPS</b></p> <p>Stand with your feet on the floor and arms by your sides. In one motion, lift your arms and legs up and down. Repeat 10 times. This exercise will help you build strength in your core and improve your balance. It's a great warm-up exercise for your core and legs.</p>	<p><b>PLANK</b></p> <p>Stand with your feet together and arms by your sides. In one motion, lean forward and rest your arms on the floor. Repeat 10 times. This exercise will help you build strength in your core and improve your balance. It's a great warm-up exercise for your core and legs.</p>
<p><b>ARM PUSH-UPS</b></p> <p>Stand with your feet together and arms by your sides. In one motion, lean forward and rest your arms on the floor. Repeat 10 times. This exercise will help you build strength in your core and improve your balance. It's a great warm-up exercise for your core and legs.</p>	<p><b>SIDE PLANK</b></p> <p>Stand with your feet together and arms by your sides. In one motion, lean to the side and rest your arm on the floor. Repeat 10 times. This exercise will help you build strength in your core and improve your balance. It's a great warm-up exercise for your core and legs.</p>



# FITNESS CLASSES

**Fit2Fight**  
Mondays, 6am  
Fitness Center

Promotes proper movement,  
high intensity intervals and  
combined strength training.

**Circuit Training**  
Wednesday & Friday, 6am/3pm  
Fitness Center

Good circuit training will include stations  
that target each of the upper body,  
lower body, and core at every class.

Classes subject to change without notice.

**Fitness Center • 634-2258**  
[www.BealeFSS.com/Harris-Fitness-Center](http://www.BealeFSS.com/Harris-Fitness-Center)



## Recce U Professional Development

FOR MORE INFORMATION ABOUT PROFESSIONAL DEVELOPMENT OPPORTUNITIES, PLEASE CONTACT YOUR RECCE U TEAM

### Career Assistance Advisor

SMSgt Anthony "Hawk" Hawkins  
anthony.hawkins.1@us.af.mil • 634-3644

### Wing Airmen Development NCOIC

SSgt Zachary Vig  
zachary.vig@us.af.mil • 634-4747

### FTAC NCOIC

SSgt Taylor White  
taylor.white.9@us.af.mil • 634-4747



## VOLUNTEERS NEEDED!

join the beale afb  
retiree activities office  
(rao)  
and support the military  
retiree community by providing

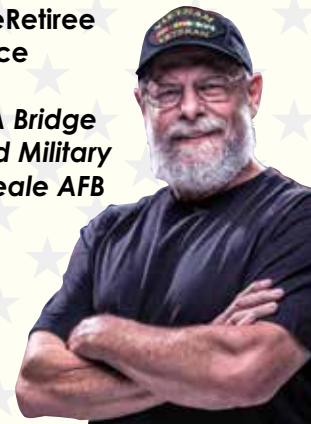
- Guidance on benefits
- Information on current Air Force issues
- Details about Beale AFB services and activities of interest to retirees
- Contact with other retirees

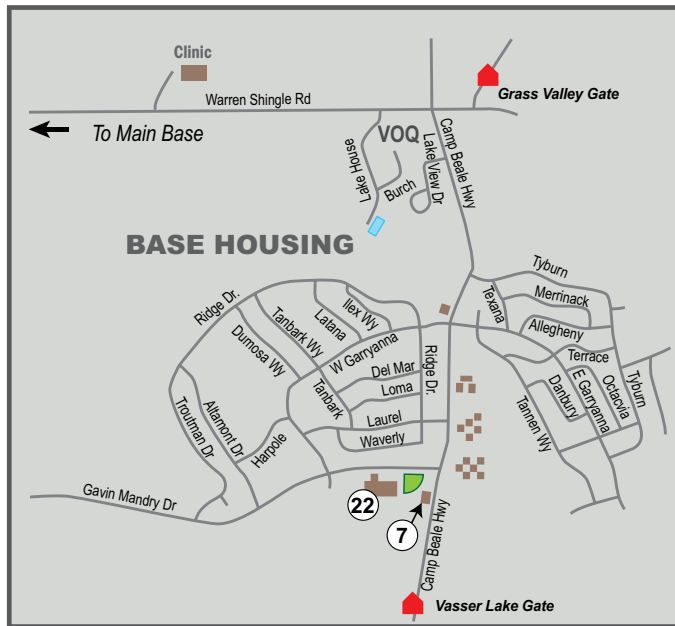
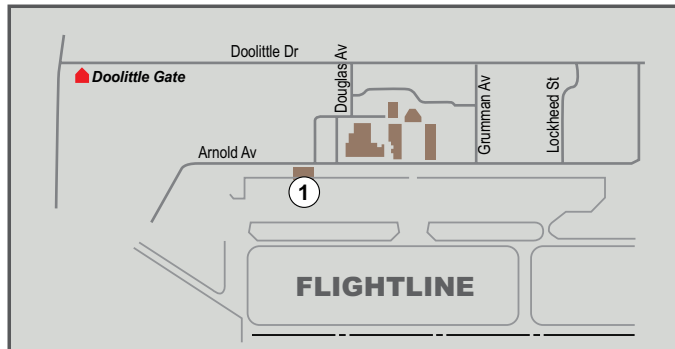
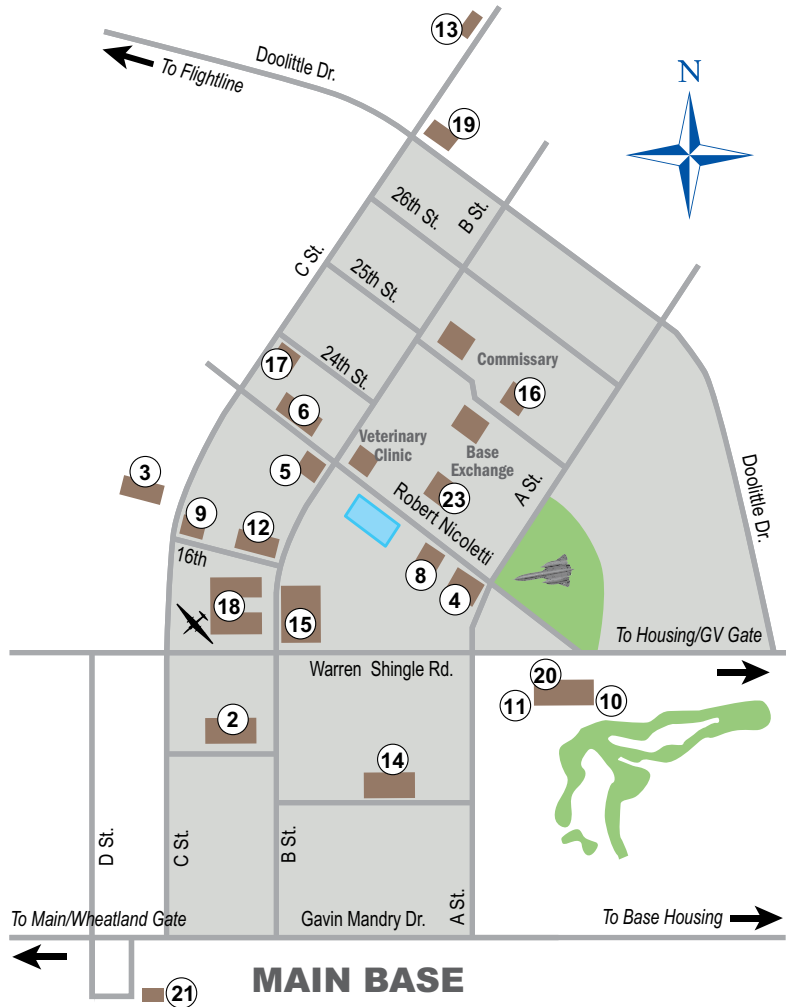
Call ~ (530) 634-2157

Email ~ [BealeRAO@gmail.com](mailto:BealeRAO@gmail.com)

Facebook ~ [BealeRetiree ActivitiesOffice](#)

*The Beale RAO – A Bridge  
Between the Retired Military  
Community and Beale AFB*







# 9 FSS HOURS OF OPERATION

- 1 Aero Club Flight Training** **634-9011**  
 1232 Arnold Street  
 9am-2pm M-Th  
 Aero Club Members 24/7  
 Closed holidays
- 2 Airman & Family Readiness** **634-2863**  
 17800 B Street  
 7:30am-4:30pm M,T,Th,F  
 7:30am-1:30pm W  
 Closed weekends/holidays/family days
- 3 Airman Leadership School** **634-3332**  
 2401 C Street  
 7:30am-4:30pm M-F  
 Closed weekends/holidays/family days
- 4 Arts & Crafts Center** **634-2294**  
 17651 Warren Shingle Road  
 9am-4pm Tu-F  
 Closed weekends/holidays
- 4 Auto Hobby Center** **634-2296**  
 17651 Warren Shingle Road  
 7am-6pm M-F  
 9am-5pm (no mechanic) Sat  
 Closed Sundays/holidays
- 5 Beale Lanes** **634-2299**  
 17800 Robert Nicoletti Way  
 1-7pm W-Sat
- 6 Child Development Center** **634-4717**  
 18000 Robert Nicoletti Way  
 6:15am-6pm M-F  
 Closed weekends/holidays
- 7 Child/Youth Resource Center** **634-4418**  
 5190 Camp Beale Hwy, Bldg. 3308  
 9am-3pm M-F  
 Closed weekends/holidays
- 8 Community Center** **634-3140**  
 17700 Robert Nicoletti Way  
 12-8pm M-F  
 12-6pm Weekends  
 Closed holidays
- 9 Contrails (DFAC)** **634-2537**  
 17853 16th Street  
 Simply to Go: 5:30am-7pm M-F  
 Simply to Go: 7:30am-6:30pm Wkd/Hol  
 Breakfast: 5:30-8am M-F  
 Breakfast: 7:30-9am Wkd/Hol  
 Lunch: 10:30am-1:30pm Daily  
 Dinner: 4:30-7pm M-F  
 Dinner: 4:30-6:30pm Wkd/Hol  
 Midnt Meal: 10:30pm-12:30am Hol/Daily
- 12 Education Center** **634-2525**  
 17849 16th Street  
 8am-3pm M-F  
 Closed weekends/holidays/family days
- 13 Fam Camp** **634-3382**  
 220 Cedar Lane  
 9am-12pm/1-4:30pm M-F  
 0900-1200 Sat  
 (Contact Camp Host) Sat, Sun, Hol
- 7 Family Child Care** **812-3117**  
 5190 Camp Beale Hwy, Bldg. 3308  
 By appt. M-F
- 14 Gold Country Inn** **634-2953**  
 24112 A Street  
 Open 24/7
- 15 Harris Fitness Center** **634-2258**  
 2418 B Street  
 5am-10pm M-F  
 8am-5pm Wkd/Hol
- 12 Hub Zemke Library** **634-2314**  
 17849 16th Street  
 8:30am-5:30pm M-Th  
 8:30am-4pm F  
 8:30am-12:30pm Sat  
 Closed Sundays/holiday/Fam Days
- 16 Independence Cinema** **634-3140**  
 25th Street, Bldg. # 2474  
 (Doors open 30 min. prior) 7pm Sat
- 19 Information, Tickets, Tours** **634-4882**  
 17630 Doolittle Drive  
 9am-5pm M-F  
 9am-1pm Sat/Fam Days  
 Closed Sundays/holidays
- 17 Marketing Office** **634-5407**  
 2440 C Street  
 8am-4:30pm M-F  
 Closed weekends/holidays/family days
- 11 Moos & Brews** **634-0936**  
 17440 Warren Shingle Road  
 11am-6pm W-Sun  
 Closed holidays
- 18 NAF Human Resources** **634-2240**  
 17852 16th Street  
 7am-4pm M-F  
 Closed weekends/holidays/family days
- 23 Omni Fitness Center** **634-2258**  
 Closed for renovations
- 19 Outdoor Adventure Center** **634-2054**  
 17630 Doolittle Drive  
 9am-5pm M-F  
 9am-1pm Sat/Fam Days  
 Closed Sundays/holidays
- 20 Recce Point Club** **634-2833**  
 17440 Warren Shingle Road  
 Office hours: 7:30am-4:30pm M-F  
 Closed weekends/holidays/family days
- 21 Rod & Gun Club** **788-2473**  
 7950 D Street  
 9pm-4pm W-Sun  
 Closed holidays
- 5 Spare Time Grill** **634-2304**  
 17800 Robert Nicoletti Way  
 7am-2pm M-F  
 Closed Weekends/holidays
- 10 Venture Park** **634-2054**  
 17440 Warren Shingle Road  
 By appt. M-Sun
- 22 Youth Programs** **634-4953**  
 15160 Gavin Mandry Drive  
 Office: 6:15am-6pm M-F  
 School-Age: 6:15am-6pm M-F  
 Closed weekends/holidays



## QUICK GLANCE FOOD GUIDE

### *Spare Time Grill*

**Serving Breakfast & Lunch**

Monday–Friday, 7am–2pm

- Breakfast Platters • Breakfast Burritos • Pancakes  
 French Toast • Biscuits & Gravy  
 Hand-pressed Hamburgers • Veggie Burgers  
 Chicken Sandwiches • Pizza • Hot Dogs  
 Salads • Appetizers • Beer & Wine



**Serving Lunch**

Wednesday–Sunday, 11am–1pm

- Hot Dogs & Chili Dogs • Beer Brats • Nachos  
 Steak & Pulled Pork Sandwiches • Snacks • Beer



**Contrails Restaurant**

*Breakfast:* M–F: 5:30–8am/Wkd & Hol: 7:30–9am

*Lunch:* Daily, 10:30am–1:30pm

*Dinner:* M–F, 4:30–7pm/Wkd & Hol, 4:30–6:30pm

*Midnight Meal:* Daily, 10:30pm–12:30am

*Simply to Go:* M–F, 5:30am–7pm/Wkd & Hol, 7:30am–6:30pm

**Serving Breakfast, Lunch & Dinner**

- Daily Entree Specials • Soups & Salads  
 Assortment of Sides • Pizza • Pasta • Sub Sandwiches

*Hours of operation and food choices subject to change.*



**NOW OPEN**  
**WED–SUN**  
**11AM–6PM**

**LOCATED ON RIGHT SIDE  
 OF THE RECCE POINT CLUB**

### BURGERS/SANDWICHES

- Moo Burger  
 Cheesy Moo Burger  
 Bacon Moo Burger  
 Spicy Moo Burger  
 BBQ Moo Burger  
 Double Moo Burger



- Crispy Chicken Sandwich  
 Grilled Chicken Sandwich  
 Spicy Black Bean Burger  
 BLT  
 Club Sandwich  
 Pulled Pork Sandwich

### FIT EATS

- Chef Salad  
 Large Garden Salad  
 Healthy Moo Burger  
 Turkey Wrap

### KIDS MEAL

*Served with a drink, and choice of fries, carrots & celery, or fruit cup*  
 Moo Burger, Cheesy Moo Burger, Hot Dog,  
 Chicken Nuggets (4), Grilled Cheese Sandwich,  
 or Individual Cheese or Pepperoni Pizza

### MILKSHAKES

- Chocolate, Vanilla or Strawberry  
 Black & White (cookies & cream)  
 Black Cow (ice cream w/root beer)



*\*Milkshakes not  
 ESM approved*

*Menu also includes an assortment of appetizers, pizzas and side items*

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
<p>Event dates and times are subject to change. Please visit <a href="http://www.bealefs.com">www.bealefs.com</a> for the latest information. Some events may require advanced registration. Please visit facility pages for more details.</p>												<p>OAC: Kayak Lake Englebright, 9am</p> <p>Cinema: Mighty Ducks, 7pm</p>		1						
																				
<p>OAC: Tahoe Ski Shuttle, 7am</p>		2	<p><b>Fitness:</b> Fit2Fight, 6am @ HFC</p> <p><b>A&amp;FRC:</b> Retirement Planning Starter, 9am</p> <p><b>A&amp;FRC:</b> Marriage Financial Planning, 11am</p>		3			4	<p><b>Fitness:</b> Circuit Training, 6am &amp; 3pm @ HFC</p>		5	<p><b>A&amp;FRC:</b> Ditching the Dorms, 9am</p> <p><b>Library:</b> Story Time, 10am</p> <p><b>A&amp;FRC:</b> Ditching the Dorms via Zoom, 7pm</p> <p><b>Bowling:</b> Mixed Handicapped Trios, 6pm</p>		6	<p><b>A&amp;FRC:</b> Spouse Appreciation Bingo, 9:30am</p> <p><b>Bowling:</b> Kids Bowling League, 4pm</p> <p><b>Youth:</b> Kids Night Out, 6pm</p> <p><b>COWabunga Cocktails starting at 5:05pm, Housing</b></p>		7	<p>OAC: Wreath Making Tea Party, 1:30pm</p> <p><b>Bowling:</b> Mother's Day Special</p>		8
<p>OAC: Table Mountain Day Hike, 9am</p>		9	<p><b>Fitness:</b> Fit2Fight, 6am @ HFC</p>		10	<p><b>A&amp;FRC:</b> DOL Career &amp; Credentialed Exploration via Zoom, 8am</p>		11	<p><b>Fitness:</b> Circuit Training, 6am &amp; 3pm @ HFC</p> <p><b>A&amp;FRC:</b> DOL Career &amp; Credentialed Exploration via Zoom, 8am</p>		12	<p><b>Bowling:</b> Mixed Handicapped Trios, 6pm</p>		13	<p><b>Bowling:</b> Kids Bowling League, 4pm</p> <p><b>A&amp;FRC:</b> EFMP Orientation via Zoom, 11am</p> <p><b>A&amp;FRC:</b> Bundles for Babies, 9am</p> <p><b>Youth:</b> Kids Night Out, 6pm</p>		14	<p>OAC: McCloud-Burney Falls Hike, 6am</p> <p>Cinema: Monster Hunter, 7pm</p>		15
<p>OAC: Wine Tasting Trip, 12pm</p>		16	<p><b>Fitness:</b> Fit2Fight, 6am @ HFC</p>		17			18	<p><b>Fitness:</b> Circuit Training, 6am &amp; 3pm @ HFC</p>		19	<p><b>Bowling:</b> Mixed Handicapped Trios, 6pm</p>		20	<p><b>Bowling:</b> Kids Bowling League, 4pm</p> <p><b>Youth:</b> Mom &amp; Son Bowl, 6pm @ Bowling Center</p> <p><b>Recce Point Club:</b> Texas Hold 'Em, 6pm</p>		21	<p>OAC: Nevada City Tribute Trail, 9am</p>		22
												<p><b>Auto Hobby All-Nighter</b> Friday, 7am to Saturday, 5pm</p>								
<p>OAC: Paddle Board Collins Lake, 9am</p>		23	<p><b>A&amp;FRC:</b> Federal Resume Tips via Zoom, 9am</p> <p><b>Fitness:</b> Fit2Fight, 6am @ HFC</p>		24			25	<p><b>Fitness:</b> Circuit Training, 6am &amp; 3pm @ HFC</p> <p><b>Arts &amp; Crafts:</b> Bling T-Shirt Class, 4pm</p>		26	<p><b>Bowling:</b> Mixed Handicapped Trios, 6pm</p>		27	<p><b>Bowling:</b> Kids Bowling League, 4pm</p>		28	<p>OAC: Lindsey Lake Camping, 9am</p> <p>Cinema: Tom &amp; Jerry, 7pm</p>		29
		30	<p><b>Fitness:</b> Fit2Fight, 6am @ HFC</p>		31															



FIRST CLASS  
PRESORTED  
POSTAGE & FEES PAID  
MARYSVILLE, CA  
PERMIT NO. 26

9 FSS Marketing  
6249 C Street  
Beale AFB, CA 95903