



GENERAL INFORMATION OF THE PROPERTY OF THE PRO

SECURITY FORCES (808) 448-4916/259-4200

TURTLE COVE (808) 259-4135 Open daily, 8 am - 6 pm

- Information, Tickets, and Tours (ITT) Pavilion Rentals
- - Fitness & Wellness Programs
- Outdoor Recreation & Ocean Sports • Party and Sports Equipment Rentals
- Arts & Crafts Classes

• Gear Issue Massage

• Retail Store

BELLOWS MINI GOLF Visit Turtle Cove for rentals and times. BRADDAH'S BREWHOUSE COFFEE: Fri - Mon, 7 am - 2 pm

PAU HANA PUB: Thu - Sat, 3 - 9 pm • Sun, 12 - 6 pm

WINDWARD PAINTBALL (808) 348-6120 Sat & Sun, 9 am - 4 pm

For HALE NALU MASSAGE specials and YOGA call Turtle Cove!

• WWW.BELLOWSAFS.COM •

• NOTICE: GIANT VOICE TESTING • EVERY WED AT 1200 •

WEEKLY GIT VIT

TUE	SUNRISE YOGA	6:30 am • \$20
FRI	SUNRISE YOGA	6:30 am • \$20
SUN	SUNSET YIN YOGA (relaxati	ion) 5:30 pm • \$20

**No Yoga instruction Jan 1 - 21

Registration required 24 hours in advance for paid activities.

Age requirements apply. Subject to change or cancellation due to weather conditions. For availability and details, please call Turtle Cove (808) 259-4135.



Jan 5 - 8: \$10 Turkey BLT Wrap w/ Potato Chips

an 12 – 15: \$13 Reg / \$8 Mini Ahi Katsu w/ White Rice & Mixed Green Salad

Jan 19 – 22: \$10 Reg / \$7 Mini Shoyu Chicken w/ White Rice & Potato Mac Salad

Jan 26 – 29: \$10 Loco Moco w/ White Rice & Potato Mac Salad



Served 10:30 am - 1 pm

while supplies last.



INFORMATION/EVENTS/PRICES SUBJECT TO CHANGE. Programs and special events open to active duty military, military retirees, reservists, National Guard, current/retired DoD civilian employees with an authorized ID card, and their dependents and guests. Patrons not on a guest list or without base access will not be permitted on Bellows AFS. No federal endorsement intended.

