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# JUL 24

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# Lisa's HAWAIIAN recipes



## AUTHENTIC HAWAIIAN MACARONI SALAD

*Hawaiian Macaroni Salad (Mac Salad) is a staple in a Hawaiian plate lunch. This classic side dish features elbow macaroni smothered in a mayonnaise dressing with grated carrot and onion. It's the perfect tangy and creamy counterpart to any meal.*



## HAUPIA PUDDING

*Haupia is a widely popular Hawaiian dessert that is smooth, creamy, and gelatin-like in texture. It's like little refreshing bites of Hawaii. Haupia just might be the easiest Hawaiian dessert you can make, which is awesome because you can always have a little taste of Hawaii in a jiffy no matter where you are!*



## KALUA PORK

*Succulent, juicy, melt-in-your-mouth tender Kalua Park (Kalua Pig) is the famous luau-style pork that's big on flavor but low on effort!*



# Meet the Team



Say hello to our new Event Center Manager, **Ms. Lisa Allen!** She is originally from Hawaii and has over 20 years of experience in military recreation, hospitality, and event planning. She is ready to bring a new, fresh twist to the Event Center in hopes of being the go-to place for all things CAFB events! She has many exciting plans in her new role as manager, including a new Event Center menu, themed weekly events, and a few extra surprises for everyone to enjoy! Welcome to the team!

What would you like to see at CAFB? If you have any ideas about events or themed nights you would like to see on base, contact Ms. Lisa at (662) 434-2790 or [Lisa.Allen.9@us.af.mil](mailto:Lisa.Allen.9@us.af.mil)!

## SUMMER DRINKS

### From the Event Center Bartenders



#### JEFFERY'S BLUE HAWAIIAN

*You don't need to be at the beach to enjoy a tropical and fruity Blue Hawaiian. This gorgeous drink is incredibly simple to make at home, but one sip will transport you to an island in the sun. Whether enjoyed poolside or simply after work, you'll love this Blue Hawaiian recipe as a Cocktail or a Mocktail.*



#### BRAD'S LILIKOI FIZZ

*This Passion Fruit Gin Fizz is bursting with flavor and incredibly simple to make! Passion fruit is the main star of the show in this gin based cocktail, with it's heavy tropical flavors that lean very slightly tart.*



Columbus Event Center

# NEW CATERING MENU

Let us cater your next event!

- Room Rentals
- Special Events
- Event Catering
- So Much More

*Check out the menu here:*



# NEED A PARTY SPACE?

## YOUR 14TH FORCE SUPPORT SQUADRON (FSS) HAS TONS OF VENUES YOU CAN BOOK TO HELP MAKE YOUR EVENT A HUGE HIT!

The Community Services flight of FSS runs all of the main recreational spots on Columbus Air Force Base: The Event Center, along with the Overrun Lounge and Barrel 14, Outdoor Recreation and all the areas they manage, like the Paintball Course, Skeet & Trap Range, Independence Pool, and more. They offer bookings at all of these locations, and can provide catered food, adult beverages, and staff on site to ensure that your event flows smoothly.

Check out this easy-to-read guide to help you plan your event, hassle-free!

### EVENT CENTER

The Event Center, Overrun Lounge, and Barrel 14 are all 3 managed by Ms. Lisa Allen, Event Center Manager. Ms. Lisa can be reached at (662) 434-2970, or Lisa.Allen.9@us.af.mil.

**Event Center Full Ballroom:**  
\$500.00

**Capacities:**  
200 Standing Reception  
400 with Theater Seating  
160 with Round Tables/Chairs

**Event Center Half Ballroom:**  
\$300.00

**Capacities:**  
100 Standing Reception  
200 with Theater Seating  
96 with Round Tables/Chairs

**Event Center Back Ballroom:**  
\$200.00

**Capacities:**  
75 Standing Reception  
100 Theater Seating  
48 with Round Tables/Chairs

**Daedailion Room:**  
\$200.00

**Capacities:**  
50 Standing Reception  
25 Theater Seating  
16 with Round Tables/Chairs

**Barrel 14** can be booked for \$250 on weekdays and \$350 on weekends and has a capacity of 25 seated or 50 standing reception.

**The Overrun Lounge** can be booked for \$300 and has a capacity of 75 seated or 125 standing reception.



### OUTDOOR RECREATION

If your ideal party is an outdoor affair, look no further than Outdoor Recreation(ODR)! ODR's programmer is Mr. Andrew Pace, and he can be reached at (662) 434-2505 or andrew.pace.1@us.af.mil. *ODR has several hotspots where you can cut loose:*

**Independence Pool:**

100 people or less:  
\$200 for the first two hours  
\$100 each additional hour

*More than 100 people:*

\$250 first two hours  
\$125 each additional hour

**Pavilion at Freedom Park**

\$15 for up to 4 hours  
\$30 4+ hours

**SAC Lake**

\$15 for up to 4 hours  
\$30 4+ hours

**Skeet and Trap Range**

Can be reserved  
Games are \$5 per round

**Paintball Range**

\$20 a person for 9 or less  
\$15 a person for 10 or more  
\$55 a case of 2000 paintballs  
\$15 per bag of 500 paintballs

Outdoor Recreation also has tons of party equipment and supplies for rent, including but not limited to jumpers, tents, tables, chairs, party games, and more!

Scan this QR code to see what items are available!



### THE YOUTH CENTER

The Community Services flight isn't the only one with party options - If you have a plan for a kids' event, the Youth Programs flight has you covered! The Youth Center, Youth Center Annex, and Youth Center Gym are all available for your kid's birthday party, graduation party, Halloween party, and any other event you have in mind! You can contact Mrs. Tijuana McDonald or the Youth Center's front desk at (662) 434-2504 for more information.

**The Youth Center's facilities can be booked for 4 hours at \$150 [time includes set up and clean up].**

Please note that no alcoholic beverages are allowed at the Youth Center, and food items with nuts or nut products are prohibited, due to allergies. Otherwise, any outside food and drinks are allowed! An adult must be present at all times during the event.



## ITT's Top 5 Summer Trips to Make it the Best Summer Ever!

Are you ready to cross things off your bucket list this summer? Look no further than the Information, Tickets and Travel Office at CAFB, your ultimate destination for crafting unforgettable adventures!

From booking discounted tickets to your favorite theme parks to pointing you in the right direction for a family road trip, the ITT team is dedicated to curating the ultimate summer itinerary that will have you coming back for more!



INFORMATION TICKETS & TRAVEL



WE ARE NOW OFFERING DOLLYWOOD TICKETS!

### 1. Dollywood

From heart-pounding roller coasters to mesmerizing shows that present the best of Southern hospitality and talent, Dollywood offers an unforgettable experience for visitors of all ages. Whether you're seeking adventure on the rides, exploring crafts made by local artisans, or simply enjoying its beautifully landscaped grounds, Dollywood promises a day filled with excitement, laughter, and lasting memories.

**What not to miss:** Lightning Rod (World's Fastest Wooden Roller Coaster), Live Entertainment, Craftsman's Valley, Southern Cuisine, Eagle Mountain Sanctuary, Chasing Rainbows Museum

**Tip:** Dolly Parton plans surprise visits to the Park! If you are lucky, you might get to meet the Queen of Country, herself.

### 2. Walt Disney World

Explore four spectacular theme parks: from the timeless enchantment of Magic Kingdom to the futuristic wonder of Epcot, the thrilling adventures of Disney's Hollywood Studios, and the captivating wildlife encounters at Disney's Animal Kingdom. Whether you're soaring through space on Space Mountain, savouring world-class cuisine around World Showcase, or marvelling at the magic of fireworks illuminating Cinderella Castle, Disney World knows how to ignite your senses!

**What not to miss:** Happily Ever After Firework Show, Dole Whip from Aloha Isle, Space Mountain, Dining at World Showcase, Pandora-The World of Avatar, Star Wars-Rise of the Resistance.

**Tip:** Purchase the tickets through ITT for better discounts.



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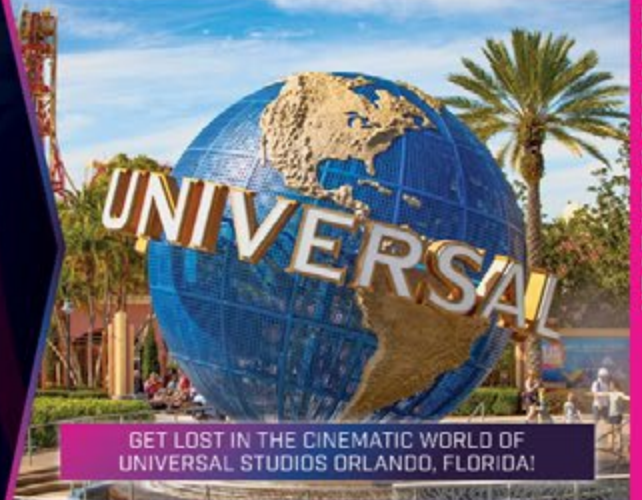
For more information, contact the new ITT Manager, Mrs. Tiffinie Shalack at (662) 434-3488!

### 3. Universal Studios

Step into the action-packed world of your favorite movies and TV shows from thrilling rides like the Wizarding World of Harry Potter's Hogwarts Express and Jurassic World VelociCoaster, perfect for adventure-loving kids and adults alike. Whether you're exploring Diagon Alley for magical spells or enjoying live shows and entertainment, Universal Studios Orlando promises a day filled with laughter and thrills.

**What not to miss:** The Wizarding World of Harry Potter, Despicable Me Minion Mayhem, The Bourne Stuntacular, Transformers: The Ride-3D, Butterbeer Ice Cream at Florean Fortescue's Ice-Cream Parlour.

**Tip:** Universal's Military Freedom Pass is one of the BEST bang-for-your-buck ticket deals at ITT.



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### 4. Six Flags Over Georgia

Looking for an adrenaline-packed adventure? Located right outside of Atlanta, Georgia, the largest regional theme park in the southeast offers dozens of rides and attractions that cater to all ages. The park also includes charming carousels and engaging live shows and entertainment perfect for families who need a break from the thrill! The Summer season offers an array of water rides perfect for hot, summer days where you enjoy thrilling water slides, wave pools, and water playgrounds!

**What not to miss:** Blue Hawk, Paradise Island (Best activity during the humid, Summer months), Monster Mansion, Twisted Cyclone, Goliath.

**Tip:** Atlanta is a 4 hour ride from CAFB and has a wide array of attractions! The Coca-Cola Museum and Delta Museum are AWESOME!

### 5. Gatlinburg, Tennessee

Need a quick weekend road trip getaway? Nestled in the heart of the Great Smoky Mountains, Gatlinburg, Tennessee is a mountain town bursting with charm and adventure. From bustling streets lined with quirky shops and eateries to breathtaking hikes and attractions, there's tons to explore. Zipline through the treetops, sample local moonshine, all while soaking in the stunning mountain views.

**What not to miss:** Great Smoky Mountains National Park, Ripley's Mountain Coaster, Ripley's Aquarium of the Smokies, Chondola at Anakeesta, Gatlinburg SkyPark, Moonshine Mountain Coaster, Ripley's Believe It or Not!, Crockett's Breakfast Camp, Pancake Pantry, Calhoun's.

**Tip:** Gatlinburg is a 6.5 hour ride from CAFB, stop in Chattanooga, TN for lunch!



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Questions? Call Andrea Mims - Librarian at (662) 434-2934 for more information.

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### FAMILY

#### Base Exchange

*Hazel Seichrist*  
☎ (662) 434-8013  
Mon-Sat: 0900-1800  
Sun: 1000-1700

#### Child Development Center

*Victoria Bentley*  
☎ (662) 434-2479  
Mon-Fri: 0630-1730  
Sat/Sun/Holidays: Closed

#### Education Center

*Europonda Stone*  
☎ (662) 434-2561  
Mon-Fri: 0800-1400  
Sat/Sun/Holidays: Closed  
Testing Hours:  
Tue: 0800 & Thu: 1300

#### Fitness Center

*Capt Erin Carozza*  
☎ (662)434-2772  
Mon-Fri: 0500-2100  
Sat: 0800-1800,  
Sun: 24/7 Access Only  
Holidays: 24/7 Access Only

#### NAF Human Resources Office

*Kimberly Common*  
☎ (662) 434-2362  
Mon, Wed-Fri: 0830-1530  
Tue/Sat/Sun/Holidays: Closed

#### Library

*Andrea Mims*  
☎ (662) 434-2934  
Tues/Wed/Fri: 1000-1630  
Thu: 1000-1900  
Sat: 0800-1200  
Sun/Mon/Holidays: Closed

#### Military & Family Readiness

*Nicole Heller*  
☎ (662) 434-2790  
Mon-Wed & Fri: 0730-1630  
Thurs: 0730-1200  
Sat/Sun/Holidays: Closed

#### Magnolia Inn Lodging

*Joycie Deloach*  
☎ (662) 434-2548  
Daily: 0800-2000

#### School Liaison Office

*Amber Meiborg*  
Mon-Fri: 0700-1600  
Appointments available

#### Youth Center

*Latasha Jones-Swoope*  
☎ (662) 434-2504  
Office Hours:  
Mon-Fri: 1000 - 1800  
Sat/Sun/Holidays: Closed

#### Open Recreation

Mon-Fri: 1500-1800

#### School Age Program

Mon-Fri: 0630-1730

#### Teen Room

Mon-Fri: 1300-1800

### FUN

#### Arts & Crafts

*Abby Jenkins*  
☎ (662) 434-7856  
Mon-Fri: 0900-1600  
Sat/Sun/Holidays: Closed

#### Auto Hobby Shop

*Chris Williams*  
☎ (662) 434-7836  
Wed-Fri: 1200-1800  
Sat/Sun: 1000-1600

#### Information, Tickets, & Travel Office

*Tiffinie Shalack*  
☎ (662) 434-3488  
Mon-Fri: 0900-1600

#### Bowling Center

*Greg Finney*  
☎ (662) 434-3426  
Mon: 0700-1600 (grill only)

#### Open Bowling

Tues-Thurs: 0700-1600  
Fri: 0700-1700

#### Friday Night Frenzy

Fri: 1700-2000

#### Cosmic Saturday

Sat: 1000-2000

#### Event Center

*Lisa Allen*  
☎ (662) 434-2489  
Business & Catering  
Mon-Fri: 1000-1400

#### Outdoor Recreation

☎ (662)434-2505  
Mon/Thu/Fri: 1000-1800  
Tues/Wed: 1000-1400  
Sat/Sun/Holidays: Closed

#### Unite Program

*Gwendolyn Granderson*  
☎ (662) 434-2328  
Mon-Fri: 0700-1630

#### Marketing & Print Shop

*Emily Krawiec*  
(662) 434-2337  
Mon-Fri: 0800-1600

#### Sponsorship Coordinator

*Shea Jenkins*  
(662) 435-7034  
Mon-Fri: 0800-1600

### FOOD

#### StrikeZone Grill at the

Bowling Center  
☎ (662) 434-3426  
**Breakfast:**  
Mon/Tues: 0700-1030

#### Grill Open:

Mon & Tues: 0700-1600  
Wed: 0700-1800  
Thurs: 0700-1900

#### Salad Bar:

Mon-Fri: 1000-1300  
Sat/Sun/Holidays: Closed

#### Overrun Lounge

**Lunch Specials:**  
Fri: 1100-1400  
Bar Open:  
Fri: 1600-2000

#### Coffee House on 5th at

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☎ (662) 434-2739  
Mon-Fri: 0600-1700  
Sat: 0800-1200

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- Bowling Center
- Event Center
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- Library
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- Special Event



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**FSS EVENT CALENDAR**



**OFF BASE COMMUNITY EVENTS**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 K.U.D.O.S. 0830-1300, MFRC <b>HAPPY BIRTHDAY AMERICA!</b> 1000, Library	3	4  <b>INDEPENDENCE DAY HOURS</b>	5 <b>AETC FAMILY DAY</b>	6
VOTING ASSISTANCE BOOTH   1000-1400, Base Exchange					
8	9 <b>STORYTIME: DRAGONS</b> 1000, Library <b>LONG DRIVE CONTEST BEGINS</b> 1400-1500, Bowling Center	10 EFMP ADULT KIT GIVEAWAY 1100-1200, MFRC <b>YOUTH ADVISORY CLUB</b> 1530, Library	11 TAP PRE-SEPARATION GROUP COUNSELING 1100-1230, MFRC TRAINING CLOSURE 1200-1630, MFRC <b>YOUTH BOOK CLUB</b> 1800, Library <b>TRIVIA NIGHT</b> 1930, Independence Pool	12 <b>ASSIGNMENT NIGHT</b> <b>LUNCH &amp; LEARN: KANOPY</b> 1200, Library <b>LATIN FUSION</b> 1730, Event Center	13 <b>STORYTIME: RAINBOWS</b> 1000, Library
YOUTH SPECIALTY CAMP: ARCHERY - Youth Center					
15	16 KEY SPOUSE INITIAL TRAINING 0900-1000, MFRC <b>STORYTIME: FRIENDSHIP</b> 1000, Library SUMMER READING PROGRAM WINNERS ANNOUNCED AFTERWARDS!	17 <b>ROCK PAINTING WITH MFRC</b> 1500-1600, Library <b>NEWCOMERS ORIENTATION</b> 0800-1600, MFRC	18 <b>AMF-S 24-12 GRADUATION</b> <b>SMOOTH MOVE</b> 1000-1100, MFRC TRAINING CLOSURE 1200-1630, MFRC <b>CAFB ADULT BOOK CLUB</b> 1800, Library	19 <b>GPT 24-12 GRADUATION</b> <b>UPT 24-11 GRADUATION</b> <b>SCUBA DIVING TRIP DEPARTS</b> 0600, Outdoor Recreation	20 <b>STORYTIME: BUTTERFLIES</b> 1000, Library
YOUTH SPECIALTY CAMP: PICTURE PERFECT PHOTOGRAPHY / FISHING - Youth Center					
22 <b>AMF-S 24-11 GRADUATION</b>	23 <b>STORYTIME: SUMMER FRUITS</b> 1000, Library <b>BACK TO SCHOOL SPLASH</b> 1100-1400, Independence Pool	24	25 TRAINING CLOSURE 1200-1630, MFRC <b>TEEN NIGHT: MINUTE TO WIN IT</b> 1700, Library	26 <b>IFF GRADUATION</b> <b>CAFB MARKET FRIDAY</b> 1430-1730, OG Parking Lot	27 <b>STORYTIME: DINOSAURS</b> 1000, Library <b>MIKE SUPER MAGIC SHOW</b> 1700, Event Center
TRANSITION ASSISTANCE PROGRAM WORKSHOP   0730-1600, MFRC			DOL TRANSITION EMPLOYMENT TRACK   0800-1600, MFRC		
YOUTH SPECIALTY CAMP: ADVENTURE - Youth Center					
29 <b>FEDERAL USAJOBS WORKSHOP</b> 0930-1100, MFRC	30 <b>STORYTIME: BUTTONS</b> 1000, Library	31 TAP PRE-SEPARATION GROUP COUNSELING 1100-1230, MFRC <b>BOSS &amp; BUDDY</b> 1530, Event Center	<b>ADULT POOL NIGHTS</b> EVERY THURSDAY   1930-0000		

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- Event Center & The Overrun Lounge
- Commissary
- Gas Station
- Human Resources Office
- Hunt Housing
- Kaye Auditorium
- Library
- Magnolia Inn Lodging/TLF
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- Military Personnel Flight (ID Cards)
- Print Shop
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- Rosale Lot

**FITNESS & RECREATION**

- Alpha Warrior Tent
- Archery
- Baseball Fields
- Basketball Courts
- Blaze Fit Trails (Approx. 2 miles)
- Bowling Center & StrikeZone Grill
- Disc Golf
- Dog Park
- Fitness Center
- Independence Pool
- Nature Trails
- Outdoor Grills
- Outdoor Recreation
- Paintball Course
- Riding Stables
- Running Track
- Skeet Range
- Soccer Field
- Tennis Court

**KIDS**

- Child Development Center
- Youth Center
- Freedom Park



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AGES 3-5

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Questions? Please contact Ms. Nikosha Reed or Ms. Trina James at The Child Development Center at (662) 434-2479.



# BACK TO SCHOOL splash

**JULY 23 | 1100-1400**

**KIDS POOL PARTY AND PARENT INFORMATION FAIR!**

**FREE FOOD AND SCHOOL SUPPLIES!**  
(WHILE SUPPLIES LAST)

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# JULY SUMMER CAMP SCHEDULE

ALL CAMPS RUN FROM 0800-1200

~~JULY CHARITABLE SHIP~~

**PHOTOGRAPHY** JULY 15-19

JULY 8-12 **ARCHERY**

JULY 22-24 **ADVENTURE**

JULY 15-19 **FISHING**

**AGES 9-12**



MORE INFO



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