

17 October 2023

MEMORANDUM FOR ALL GRAND FORKS AFB PERSONNEL

FROM: 319 FSS/CC
319 Force Support Squadron
226 Steen Blvd. Bldg 101
GFAFB, ND 58205

SUBJECT: Age Restrictions for Grand Forks AFB Fitness and Sports Center

- a) AFI 34-114, 25 December 2022, *Fitness, Sports, and World Class Athlete Program*
1. The following are age guidelines for use of the Grand Forks AFB Fitness and Sports Center.
 - a. Youth 13-15 years of age are permitted in cardiovascular, weight equipment, group exercise rooms, locker rooms, basketball court, racquetball court, running track, etc., only under qualified adult interactive supervision. Interactive supervision requires qualified adult and child to participate always in/perform activity together.
 - b. Youth 6-12 years of age are permitted in the following activity areas (i.e., basketball court, racquetball courts, running track, locker room, and parent (legal guardian) and child area) only under qualified adult interactive supervision. Interactive supervision requires qualified adult and child to participate in or perform activity together at all times. Ages 6-12 are NOT permitted in cardiovascular, weight equipment rooms, or group exercise rooms during scheduled adult exercise classes.
 - c. Youth under 6 years of age are only permitted in the Fitness and Sports Center parent (legal guardian) and child area for supervised play. Ages 6 and under are NOT permitted in any other areas of the Fitness Center.
 - d. For usage of the pool, youth are permitted only during instructional programs, or when qualified adult interactive supervision is present.
 2. If any patrons are found in violation of this policy, they will be asked to leave by Fitness Center Staff or Security Forces. In cases of multiple offenses, the member's chain of command will be notified and Fitness Center privileges will be revoked.
 3. This letter supersedes all others, same subject. For questions concerning this request, contact Fitness & Sports Center at DSN 362-3384.

ANDREW T. BEIDLER, Lt. Col, USAF
Commander, 319th Force Support Squadron