**Obtaining your Verification of Military Experience & Training (VMET)**

-Login to <https://milconnect.dmdc.osd.mil/milconnect/>

-Click on blue **SIGN-IN** icon in the upper right corner

**-LOGIN** utilizing your CAC

-Once logged in to Mil Connect, **CLICK** on the dark gray bar “**CORRESPONDENCE/DOCUMENTATION”** and scroll down to **DoD Transition Assistance Program (DODTAP**)

-This will take you to your Dashboard

-You will see a **VMET** icon link on the top of your dashboard where you can download and print your document. The Cover Letter is not needed.