

"Start Smart"



Why Start Smart?

- Start Smart is a program created by NAYS (National Alliance for Youth Sports)
- Prepares children, ages 3-4 for organized sports in a FUN non-threatening environment.
- Allows children the opportunity to work one-on-one with their parent.
- Teaches children a variety of sport oriented skills such as throwing, catching, kicking, batting, and more.
- Teams meet for one hour at least one day per week for a minimum of six weeks.
- Each Smart Start Program offers structured curriculum written by professionals in child development.
- Offers exercises and drills that become increasingly more difficult as the class progresses and children show improvement.

*Parents **must** actively participate with their child during all practice sessions. The volunteer coaches are only present to facilitate practices.



MISSION STATEMENT: To assist DoD military and civilian personnel in balancing the competing demands of accomplishing the DoD mission and family life by managing and delivering a system of quality, available, and affordable programs and services for eligible children and youth 3 through 18 years of age.

PHILOSOPHY: To provide DoD military and civilian families affordable opportunities for youth sports and fitness activities that promotes mental and physical skills development, sportsmanship, healthy lifestyles, and safety while in a safe and secure environment and by allowing all youth to participate regardless of skill level.

PROGRAM OBJECTIVES

Youth Sports should be a great experience for you and the children. Our primary purpose is to provide quality non-school leisure related sports and fitness activities that build self-esteem and motivate our youth. We accomplish this by following all National Alliance for Youth Sports (NAYS) guidelines and ensuring all our staff and volunteer coaches are trained properly.

Our three primary objectives:

- Provide a safe environment that covers players, coaches, and families.
- Create an atmosphere where each child can develop lifelong skills.
- Teach youth the fundamentals of a sport and the enjoyment that comes with playing.

The coaches also need the support of the parents to make kids progress successfully. Our children are our future. Youth sports are just one of many ways to reach out and help our youth. Parents & Coaches, let's do the right thing and GET INVOLVED!!!!

If you have any questions concerning the Hill AFB Youth Sports Program, please call us at 777-2419.



2020 Hill AFB Youth Sports Program Calendar

Hill AFB Youth Programs, Bldg 883
Phone (801) 777-2419

Registration Office Hours
Monday – Friday
6:00 a.m. – 5:00 p.m.



- All activity dates, times, and fees are subject to change.
- All children **MUST** have a valid physical and updated immunization record that includes a flu shot on file prior to registering.

Volunteer Coaching Opportunities

Volunteer coaches are considered an extension of Youth Program staff; representing the integrity of program objectives and policies.

We are always looking for support from very enthusiastic and responsible individuals who are good at teaching the various skills and fundamentals of sports and fitness. It's also a great way to gain volunteer experience.

*An application and training is required. Please contact the Youth Center to begin the process.
DSN: 777-2419

Jr. NBA Basketball 2020

Ages: 3-13 years old
Registration Deadline: December 6th, 2019

Cost: \$55.00
\$45.00 for Start Smart program

Practices Begin: January 6th, 2020
Games: January 25th – March 14th, 2020

Picture Day: February 22nd, 2020

Skills Evaluation & Draft (Ages 7-13 only)
Saturday, December 21st, 2019 @ 10:00am,
Warrior Fitness Center

Coaches Training:
Saturday, December 29th, 2019 @ 10:00am,
Youth Center Bldg. 883

Baseball/Tee Ball 2020

Ages: 3-13 years old
Registration Deadline: March 13th, 2020

Cost: \$55.00
\$45.00 for Start Smart program

Practices Begin: April 6th, 2020
Games: April 18th – June 6th, 2020

Picture Day: May 16th, 2020

Skills Evaluation & Draft (Ages 7-13 only)
Saturday, March 21st, 2020 @ 10:00am, Little
League Field

Coaches Training:
Saturday, March 28th, 2020 @ 10:00am, Youth
Center Bldg. 883

Important Program Information

AGE GROUPS

3-4 year olds: participate in the Start Smart program. Official games will not be scheduled.

5-6 year olds: participate in developmental leagues. Coaches officiate scheduled games.

7-9 year olds: participate in instructional leagues. Youth are given the chance to learn and adapt to the rules of a sport.

10-13 year olds: participate in organizational leagues. The focus is directed towards game strategies and skills development.

14-18 year olds: also participate in organizational activities, including but not limited to leagues and tournaments.

*Full refunds will be provided if there is not enough participation to host an activity.

LATE REGISTRATIONS

We do not accept late registrations and will not create a waiting list for potential team placement.

Special Events 2020

MLB Pitch, Hit & Run:
Tentatively – April 25th, 2020 @ 12:30 p.m. at
the Little League Field

America's Kids Fun Run:
Tentatively – May 23rd, 2020 @ 8:00 p.m. at the
Youth Center

Real Salt Lake (RSL) Soccer Camp:
TBD – summer 2020

Summer Activities 2020

We will be offering a variety of activities, such as youth sports camps, mini leagues, field trips, and/or coaching clinics.

Most activities will be advertised as they become available. Please visit our Hill Air Force Base Youth Programs Facebook page and the 75th FSS Event Calendar regularly to keep up to date with what we will have going on.

Ages: 9-18 years old (Depending on activity)

Registration: Deadlines to sign-up for these activities will be one week prior to the date of the event.

If activities become full, then a waiting list will be started and parents will be notified of any openings that become available.

Cost: Fees for participation will be established at the time the activities are advertised.

Soccer 2020

Ages: 3-13 years old
Registration Deadline: July 31st, 2020

Cost: \$55.00
\$45.00 for Start Smart program

Practices Begin: August 24th, 2020
Games: September 12th – October 31st, 2020

Picture Day: September 19th, 2020

Skills Evaluation & Draft (Ages 7-13 only)
Saturday, August 8th, 2020 @ 10:00am, Youth
Soccer Fields

Coaches Training:
Saturday, August 15th, 2020 @ 10:00am, Youth
Center Bldg. 883