

# MARCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
					<b>LUNCH</b> Polish Sausage \$1.15 Baked Salmon \$4.60 Hamburger Yakisoba \$1.75  <b>DINNER</b> Roast Beef \$2.60 Shrimp Scampi \$4.75 German chicken schnitzel \$2.50	<b>LUNCH</b> Baked Salmon \$4.60 Chicken Kabob \$2.25 Cantonese Spareribs \$2.75  <b>DINNER</b> Salmon w/ Maple Ginger Glaze \$5.10 Stuffed Green Peppers w/ Turkey & Lentil \$1.25 Pasta Primavera \$0.80
					<b>8</b>	<b>9</b>
<b>LUNCH</b> Cheese Tortellini w/ Marinara \$1.00 French Fried Shrimp \$4.50 Bourbon Chicken \$2.50  <b>DINNER</b> Beef Pot Pie \$2.25 Lemon Baked Fish \$5.50 Herbed Baked Chicken \$2.25	<b>LUNCH</b> Caribbean Catfish \$3.00 Jerk Roast Turkey \$1.85 Stuffed Green Peppers \$1.65  <b>DINNER</b> Southwestern Sweet Potatoes \$0.80 Blk Beans & Corn \$2.25 Beef Stew \$2.25 Chicken Breast Dijon \$2.50	<b>LUNCH</b> Baked Fish \$2.00 Meat Loaf \$1.65 Baked Chicken \$2.00  <b>DINNER</b> BBQ Beef Cubes \$2.50 Southwestern Fish \$1.90 Grilled Pork Chops \$1.50	<b>LUNCH</b> Lemon Basil Shrimp Pasta \$3.50 Mambo Pork Roast \$1.65 Grilled Chicken w/ Mustard Sauce \$2.50  <b>DINNER</b> Grilled Steak \$7.00 Roast Turkey \$1.90 Mediterranean Salmon \$4.85	<b>LUNCH</b> Honey Ginger Chicken \$2.25 Grilled Salmon w/ Citrus Butter \$4.85 BBQ Brisket \$1.75  <b>DINNER</b> Crispy Oven Baked Chicken \$2.25 Roast Beef \$2.60 Parmesan Crusted Cod \$4.75	<b>LUNCH</b> Chicken Florentine \$2.50 Italian Broccoli Pasta \$1.70 Stuffed Baked Pork Chops \$1.95  <b>DINNER</b> Greek Lemon Turkey Pasta \$1.50 Savory Baked Chicken \$1.80 Oven Fried Fish \$1.95	<b>LUNCH</b> French Fried Shrimp \$4.50 Hot and Spicy Chicken \$2.25 Ziti w/ Meat sauce \$1.30  <b>DINNER</b> Beef Stir Fry \$2.00 Baked Stuffed Fish \$2.05 Chicken Bulgogi \$2.20
					<b>14</b>	<b>15</b>
<b>LUNCH</b> Turkey Lentil Chili \$0.50 Shrimp Jambalaya \$2.65 Southern Fried Chicken \$1.70  <b>DINNER</b> Baked Dijon Pork Chop \$1.85 Chili Mac \$1.00 Lemon Pepper Catfish \$2.75	<b>LUNCH</b> Roast Beef \$2.60 Chicken Cordon Bleu \$2.55 Pasta Primavera \$0.80  <b>DINNER</b> Turkey Nuggets \$1.95 Beef and Corn Pie \$1.75 Bourbon Chicken \$2.50	<b>LUNCH</b> Chicken Kabob \$2.25 Pepper Steak \$2.30 Cheese Manicotti \$1.65  <b>DINNER</b> Sweet & Spicy Orange Chicken \$4.00 Cheese Tortellini w/ Marinara \$1.00 Steak Ranchero \$2.75	<b>LUNCH</b> Beef Brogul \$2.25 Pork Schnitzel \$2.00 Fish Onion-Lemon Baked \$5.00  <b>DINNER</b> Almond Crusted Cod \$4.75 Hamburger Yakisoba \$1.75 Cranberry Glazed Chicken \$2.30	<b>LUNCH</b> Turkey & Spinach Meatloaf \$1.25 Marinated Tomatoes w/ Penne & Basil \$1.25 Pineapple BBQ Meatballs \$1.40  <b>DINNER</b> BBQ Beef Cubes \$2.50 Chicken Enchilada \$1.85 Baled Florentine Turkey Roulade \$1.35	<b>LUNCH</b> Swiss steak w/Brown Gravy \$2.75 Stuffed Green Peppers w/ Turkey and Lentils \$1.25 Tuna Noodles \$1.10  <b>DINNER</b> Lasagna \$1.65 Chicken Cacciatore \$2.25 Italian Broccoli Pasta \$1.70	<b>LUNCH</b> Grilled Honey Sriracha Chicken \$2.50 Chili Mac \$1.00 Shrimp Chop Suey \$3.50  <b>DINNER</b> Jamaican Chicken \$2.00 Braised Spareribs \$2.75 Sweet & Spicy Orange Salmon \$4.00
					<b>21</b>	<b>22</b>
<b>LUNCH</b> Turkey Ala King \$1.15 Country Style Fried Steak \$2.00 Baja Baked Cod \$4.00  <b>DINNER</b> Swedish Meatballs \$2.00 Polynesian Fillet \$2.15 Steak Smothered in Onions \$2.75	<b>LUNCH</b> Roast Rib of Beef \$6.75 Roast Turkey \$1.50 Baked Ham \$1.35  <b>DINNER</b> Pork Roast Tenderloin \$1.25 Savory Baked Chicken \$1.80 Cajun Baked Fish \$2.30	<b>LUNCH</b> Basil Baked Fish \$2.00 Turkey Breast fillet \$1.80 Pasta Provencal \$0.80  <b>DINNER</b> Baja Fish Taco \$5.00 Baked Mex Chicken \$2.00 Beef Stir Fry \$2.00	<b>LUNCH</b> Spicy Catfish Poboy \$3.00 Grilled Pork Chops \$1.50 Cajun Meatloaf \$1.95  <b>DINNER</b> Fish Onion-Lemon Baked \$5.00 Simmered Beef \$2.50 Cajun Chicken \$2.45	<b>LUNCH</b> Baked Dijon Pork Chop \$1.85 Spinach Lasagna \$1.30 Baked Florentine Turkey Roulade \$1.35  <b>DINNER</b> Baked Salmon \$4.60 Pineapple BBQ Meatballs \$1.40 Honey Mustard Chicken Breast \$2.35	<b>LUNCH</b> Roast Turkey \$1.90 Cheese Tortellini w/ Marinara \$1.00 Stuffed Green Peppers \$1.65  <b>DINNER</b> Turkey & Spinach Meatloaf \$1.25 Crispy Oven Baked Chicken \$2.25 Parmesan Fish \$2.50	<b>LUNCH</b> Baked Chicken \$2.00 Southwestern Shrimp Linguine \$3.50 Beef Bulgogi \$2.00  <b>DINNER</b> Honey Ginger Chicken \$2.25 Salisbury Steak \$1.65 Cheese Manicotti \$1.65
					<b>28</b>	<b>29</b>
<b>LUNCH</b> Creole Fish Fillets \$2.10 Stir Fry Chicken w/ Broccoli \$3.15 Teriyaki Steak \$7.25  <b>DINNER</b> Chicken Ala King \$2.00 Baked Fish \$2.00 Pasta Primavera \$0.80	<b>LUNCH</b> Southwestern Sweet Potatoes, Blk Beans & Corn \$0.80 Simmered Beef \$2.50 Almond Crusted Cod \$4.75  <b>DINNER</b> Spaghetti w/ Turkey Meat sauce \$0.85 Baked Fish w/ Lemon Garlic Butter \$2.00 Stir Fried Garden Veg w/ Tofu & Brown Rice \$1.00	<b>LUNCH</b> Chili Mac \$1.00 Basil Baked Fish \$2.00 Teriyaki Chicken \$2.00  <b>DINNER</b> Pork Roast Tenderloin \$1.25 Baja Baked Cod \$4.00 Pasta Provencal \$0.80	<b>LUNCH</b> Shrimp Kabob \$2.00 Ginger BBQ Chicken \$2.50 Lemon Basil Pasta \$1.00  <b>DINNER</b> Marinated Tomatoes with Penne \$0.75 Southern Fried Catfish \$2.75 Sweet Chili BBQ Meatballs \$1.40	<b>LUNCH</b> Honey Mustard Chicken Breast \$2.35 Ziti w/ Meat sauce \$1.30 Baked Fish \$2.00  <b>DINNER</b> Hot & Spicy Chicken \$2.25 Pasta Toscano \$1.45 Cantonese Spareribs \$2.75	<b>LUNCH</b> Polish Sausage \$1.15 Baked Salmon \$4.60 Hamburger Yakisoba \$1.75  <b>DINNER</b> Roast Beef \$2.60 Shrimp Scampi \$4.75 German chicken schnitzel \$2.50	<b>LUNCH</b> Baked Salmon \$4.60 Chicken Kabob \$2.25 Cantonese Spareribs \$2.75  <b>DINNER</b> Salmon w/ Maple Ginger Glaze \$5.10 Stuffed Green Peppers w/ Turkey & Lentil \$1.25 Pasta Primavera \$0.80
<b>LUNCH</b> Cheese Tortellini w/ Marinara \$1.00 French Fried Shrimp \$4.50 Bourbon Chicken \$2.50  <b>DINNER</b> Beef Pot Pie \$2.25 Lemon Baked Fish \$5.50 Herbed Baked Chicken \$2.25						