

#### Monday

Lap swim: 6:45 – 9:05 a.m.

Closed for Water Aerobics: 9:15 – 10:15 a.m.

Lap Swim: 10:15 a.m. – 1 p.m.

CLOSED: 1 – 1:30 p.m.

Recreational Fitness Swim: 1:30 – 3:30 p.m.

CLOSED: 3:30 – 4 p.m.

Lap Swim: 4 – 8 p.m.

#### Tuesday & Thursday

Lap swim: 5:30 – 7:30 a.m. • 11:30 a.m. – 8 p.m. CLOSED: 7:30 – 11:30 a.m. River Fitness located at Polar Paradise: 8 – 11 a.m.

### Wednesday

Lap swim: 6:45 a.m. - 8 p.m.

## Friday

Lap swim: 6:45 – 9:05 a.m.

Closed for Water Aerobics: 9:15 – 10:15 a.m.

Lap Swim: 10:15 a.m. – 1 p.m.

CLOSED: 1 – 1:30 p.m.

Recreational Fitness Swim: 1:30 – 3:30 p.m.

CLOSED: 3:30 – 4 p.m.

Lap Swim: 4 – 7 p.m.

Hot tub closes 15 mins prior to closing each evening

# Saturday & Sunday

**Fitness Pool CLOSED** 

Lap swim located at Elmendorf Pool with Fitness access: 8 a.m. - 2 p.m. Family Open swim located at Polar Paradise: 11:15 a.m. - 6 p.m. • \$3 FEE

**Federal Holidays** 

CLOSED



SCAN TO SIGN UI