Main Menu

Baked Sausage Patties
Canadian Bacon
Turkey Bacon
Huevos Rancheros
Sauteed Vegetables
Home Fried Potatoes
Griddle Fried Eggs
Omelet
Boiled Eggs
Scrambled Eggs
Waffles
Banana Overnight Oatmeal
Hot Hominy Grits
Biscuits



When: 28 May 2024 Time: 0700 – 0845 hrs.

Cost: \$4.35

Breakfast Dessert

Cinnamon Rolls
Apple Crumb Coffee Cake

Fitness Bar

Yogurt
Assorted Fresh Fruits
Fresh Cut Seasonal Fruit
Shredded Cheese
Cottage Cheese
Assorted Cereals
Mixed Nuts

Main Menu

Herbed Baked Chicken
Tamale Pie
Steamed Brown Rice
Parsley Buttered Potatoes
Steamed Carrots
Roasted Zucchini
Chicken Gravy
Garlic Bread

Healthy Menu

Brussels Sprouts
Wild Rice
Baked Trout Fillets
Vegetarian Nuggets
BBQ Tofu



When: 28 May 2024 Time: 1130 – 1300 hrs.

Cost: \$7.00

MENUS ARE SUBJECT TO CHANGE

Salads

Vanilla Cream Pudding
Mexican Cole Slaw
Pickled Beet & Onion Salad

Desserts

Marble Cake
Butter Cream Frosting
Boston Cream Pie
Sugar Cookies

Short Order Menu

Tacos
Grilled Cheese Sandwich
Grilled Ham & Cheese Sandwich
Hot Dogs
Baked Beans
French Fries
Spicy Black Bean Burger

Sandwich Bar

Main Menu

Roast Beef
Bayou Chicken
Cheese Ravioli
Mashed Potatoes
Buttered Egg Noodles
Buffalo Roasted Cauliflower
Peas w/Mushrooms
Hot Wheat Rolls
Brown Gravy

Healthy Menu

Cabbage Steamed Brown Rice Chicken Fajitas



When: 28 May 2024 Time: 1700 – 1830 hrs.

Cost: \$6.05

Salads

Vanilla Cream Pudding
Mexican Cole Slaw
Pickled Beet & Onion Salad

Desserts

Marble Cake
Butter Cream Frosting
Boston Cream Pie
Sugar Cookies

Short Order Menu

Grilled Cheese Sandwich
Grilled Ham & Cheese Sandwich

Corn Dogs Baked Beans French Fries Sandwich Bar

Main Menu

Oven Fried Bacon **Chicken Sausage Patties** Vegetable Sausage Patties Grilled Chicken Breast Sauteed Vegetables **Baked Sweet Potatoes &** Apples Griddle Fried Eggs Omelet **Boiled Eggs** Scrambled Eggs French Toast Hot Rolled Oats **Hot Hominy Grits Biscuits**



When: 29 May 2024 Time: 0700 – 0845 hrs.

Cost: \$4.35

Breakfast Dessert

Assorted Doughnuts
Bran Muffins

Fitness Bar

Yogurt
Assorted Fresh Fruits
Fresh Cut Seasonal Fruit
Shredded Cheese
Cottage Cheese
Assorted Cereals
Mixed Nuts

Main Menu

Chicken 5 Spice Chicken
Italian Rice & Beef
Steamed Rice
Oven Glo Potatoes
California Blend
Roasted Brussel Sprouts
Brown & Serve Rolls
Brown Gravy

Healthy Menu

Spinach
Steamed Brown Rice
Baked Chicken
Plant-Based Burgers
Rotini w/ Sauce



When: 29 May 2024 Time: 1130 – 1300 hrs.

Cost: \$7.00

Salads

Fruit Gelatin
Creamy Cole Slaw Salad
Country Style Tomato Salad

Desserts

White Cake w/ Fudge Frosting
Brownies
Dutch Apple Pie

Short Order Menu

Grilled Cheese Sandwich
Hamburgers
Cheeseburgers
BBQ Pork
Chili con Carne w/ Beans
Hot Dogs
French Fries
Sandwich Bar

Main Menu

Tandoori Chicken
Hamburger Yakisoba
Pierogies
Rice Pilaf
Cottage Fried Potatoes
Broccoli Parmesan
Squash & Carrot Medley
Brown & Serve Rolls
Brown Gravy

Healthy Menu

Summer Squash Tossed Green Rice Lemon Baked Fish



When: 29 May 2024

Time: 1700 – 1830 hrs.

Cost: \$6.05

Salads

Fruit Gelatin
Creamy Cole Slaw Salad
Country Style Tomato Salad

Desserts

White Cake w/ Fudge Frosting
Brownies
Dutch Apple Pie

Short Order Menu

Grilled Cheese
BBQ Pork
Chili con Carne w/ Beans
Hot Dogs
French Fries
Sandwich Bar

Main Menu

Baked Sausage Patties Canadian Bacon Turkey Bacon Black Bean & Sweet Potato Burrito Sauteed Vegetables **Home Fried Potatoes** Griddle Fried Eggs Omelet **Boiled Eggs** Scrambled Eggs Cinnamon Brown Sugar **Pancakes** Hot Rolled Oats **Hot Hominy Grits Biscuits**



When: 30 May 2024 Time: 0630 – 0830 hrs.

Cost: \$4.35

Breakfast Dessert

Coffee Cake
Cinnamon Rolls

Fitness Bar

Yogurt
Assorted Fresh Fruits
Shredded Cheese
Cottage Cheese
Fresh Cut Seasonal Fruit
Assorted Cereals
Mixed Nuts

Main Menu

Southern Fried Catfish
Barbecued Spareribs
Cajun Baked Fish
Barbecued Chicken
Fried Chicken
Corn Bread Dressing
Red Beans w/ Rice
Baked Macaroni & Cheese
Candied Sweet Potatoes
Southern Style Greens
Corn On the Cob
Corn Bread

Healthy Menu

Roast Turkey
Baked Sweet Potato
Herbed Green Beans
Vegetarian Nuggets
Mediterranean Pasta



When: 30 May 2024 Time: 1130 – 1300 hrs. Cost: \$7.00

MENUS ARE SUBJECT TO CHANGE

Salads

Chocolate Cream Pudding
Macaroni Salad
Potato Salad

Desserts

Devil's Food Cake w/
Vanilla Frosting
Peach Pie
Sweet Potato Pie
Chocolate Chip Cookies

Short Order Menu

Grilled Cheese Sandwich
Sloppy Joes
Hot Dogs
Turkey Burger
Baked Beans
French Fries
Sweet Potato Fries
Sandwich Bar

Main Menu

Asian BBQ Turkey
Baked Pollock
Plant-Based Burgers
Lemon Herbed Quinoa
Mashed Sweet Potatoes
Succotash
Sauteed Cauliflower
Brown & Serve Rolls
Brown Gravy

Healthy Menu

Caribbean Catfish
Baked Sweet Potato Fries
Steamed Asparagus



When: 30 May 2024 Time: 1630 – 1800 hrs.

Cost: \$6.05

MENUS ARE SUBJECT TO CHANGE

Salads

Chocolate Cream Pudding
Potato Salad
Macaroni Salad

Desserts

Chocolate Chip Cookies
Devil's Food Cake w/
Vanilla Frosting
Sweet Potato Pie
Peach Pie

Short Order Menu

Grilled Cheese Sandwich
Sloppy Joes
Hot Dogs
Baked Beans
French Fries
Sandwich Bar

Main Menu

Oven Fried Bacon **Chicken Sausage Patties** Vegetable Sausage **Patties** Grilled Salmon Sauteed Vegetables Cottage Fried Potatoes Griddle Fried Eggs Omelet **Boiled Eggs** Scrambled Eggs Waffles Banana Overnight Oatmeal **Hot Hominy Grits Biscuits**



When: 31 May 2024 Time: 0700 – 0845 hrs.

Cost: \$4.35

Breakfast Dessert

Assorted Danish
Blueberry/Banana Muffin

Fitness Bar

Yogurt
Assorted Fresh Fruits
Shredded Cheese
Cottage Cheese
Fresh Cut Seasonal Fruit
Assorted Cereals
Mixed Nuts

Main Menu

Turkey Chili Mac
Honey Ginger Chicken
Steamed Rice
Baked Potatoes
Ginger Glazed Carrots
Steamed Spinach
Chicken Gravy
Hot Wheat Rolls

Healthy Menu

Brussels Sprouts Combo Herbed Baked Fish Steamed Brown Rice Turkey Burger Vegan Chili



When: 31 May 2024 Time: 1130 – 1300 hrs. Cost: \$7.00

MENUS ARE SUBJECT TO CHANGE

Salads

Vanilla Pudding
Three Bean Salad
Mixed Fruit Salad

Desserts

Banana Cake
Oatmeal Raisin Cookies
Lemon Meringue Pie

Short Order Menu

Grilled Cheese Sandwich
Hamburgers
Cheeseburgers
Fishwich
Hot Dogs
Chicken Wings
Baked Beans
French Fries
Sandwich Bar

Main Menu

Teriyaki Chicken
Spaghetti w/Meat Sauce
Spaghetti w/ Peas
Jasmine Rice
Broccoli, Corn & Carrots
Medley
Roasted Asparagus
Brown Gravy
Hot Rolls

Healthy Menu

Steamed Broccoli

Jasmine Rice

Caribbean Chicken Breast



When: 31 May 2024

Time: 1630 – 1800 hrs.

Cost: \$6.05

Salads

Vanilla Pudding Three Bean Salad Mixed Fruit Salad

Desserts

Banana Cake
Oatmeal Raisin Cookies
Lemon Meringue Pie

Short Order Menu

Grilled Cheese Sandwich
Grilled Ham & Cheese Sandwich
Hot Dogs
Fishwich
French Fries

Sandwich Bar