

Personal Readiness Inventory

Name: _____

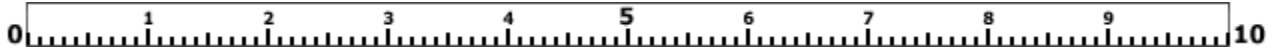
Sponsors Last 4: _____

Date: _____

Please answer this brief inventory, it helps us understand your overall personal readiness and adjustment to military life. Instructions: Based on the past week please rate how well things are going by placing a hash mark on the 0-10 scales below, with 10 as the best possible rating. Your consultant will use your answers to clarify your goals for coming to the Military and Family Readiness Center.

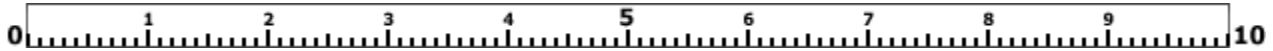
OVERALL ADJUSTMENT TO MILITARY LIFE

(Understand & support the military lifestyle & mission requirements, etc...)



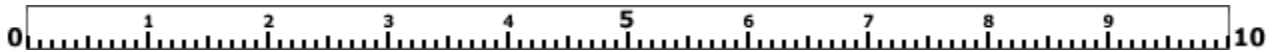
RELOCATION/MOVING

(Ability to move when required)



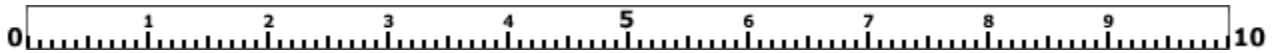
ADJUSTMENT TO COMMUNITY

(Ability to find on/off-base information, services, events & activities, etc...)



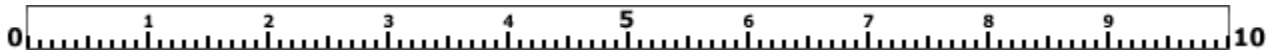
DEPLOYMENT READINESS

(Ability to support short-notice deployments, awareness of available support for loved ones, etc...)



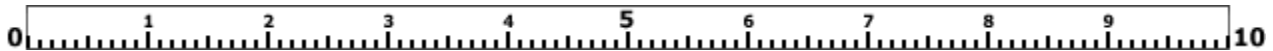
EMPLOYMENT

(Job search techniques & skills, ability to secure suitable employment, etc...)



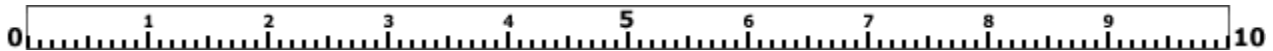
FINANCIAL READINESS

(Basic needs & financial obligations met, savings, investments & retirement, etc...)



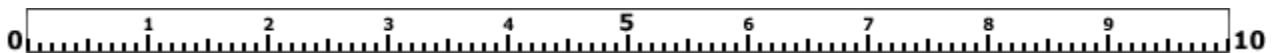
MILITARY/WORK ENVIRONMENT

(Work environment/relationships OPSTEMPO/pace of work)



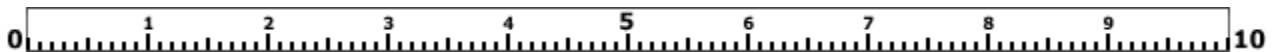
PERSONAL RELATIONSHIPS

(Family, Friends, & loved ones etc...)



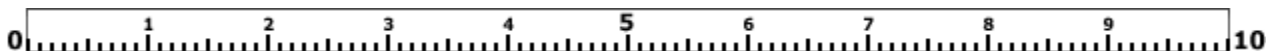
RETENTION

(Intention to continue military career past current commitment)



TRANSITION TO CIVILIAN LIFE

(Prepared for separation/retirement, aware of benefits & entitlements, etc.)



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