

2023 Intramural Volleyball By-laws

1. **Rules of Play:** The current USA Volleyball rules will govern all play except where amended by these bylaws.
2. **Game Time:** Game time is forfeit time for the first game. Games will be declared a forfeit if one or both teams are not ready to play at the scheduled game times. The line-up must be turned into the scorekeeper ten minutes prior to game time. Games are scheduled 1800, 1900 & 2000 Monday-Thursday.
3. **Match Format:** The format of the matches will be played the best two (2) out of three (3) games. The rally point scoring system will be utilized with the first two (2) games being played to twenty-five (25), with a cap of twenty-seven (27) points. The third game will be played to fifteen (15) points and the winning team must win by two (2) points.
4. **Number of Players:** A team may start with five (5) players and also end with 5 players.
5. **Substitutions:** Free substitutions will be allowed.
6. **Rosters:** All rosters are due to the athletic office before the first date of league match. Rosters must be kept current, changes can be made between the hours of 0800-1600 via email, Monday through Friday.
7. **Let Serve:** The let serve rule will be enforced.
8. **Court Rules:** The different court rules are listed below:
 - a) The ball can be played off the rafters only if it is on your side of the net and there is another hit remaining. The ball is replayed if it contacts the lights.
 - b) Any ball that strikes anything above lights, ceiling, etc. will be dead.
 - c) Jerseys or shirts must be tucked in at all times. Jerseys are available for nightly sign out on AF form 1297 by fitness center staff
 - d) **Pockets are not allowed, pockets or belt loops must be sown down.** Cutoff jean, or military BDU's will not be allowed. **Taping pockets down is not authorized.**
 - e) **Jewelry is not permitted. Wedding bands are permitted, but tape must be worn over the band.**

9. **Timeouts:** Each team will be allowed (3) timeouts per match.
10. **Schedule of Play:** Single or Double Round Robin.
11. **Playoffs:** The base champions will be decided by a double /single elimination tournament with the number of participants determined by the number of teams in the league.
12. **Awards:** In Dispense / No Awards / Certificates

The Losano Fitness Center Staff may make changes to the rules for safety and welfare of the participants or at any time deemed necessary to benefit play (with approval from Fitness Center Director).

William E. Mayo Jr., GS-09, DAF
FITNESS AND SPORTS MANAGER