MEMORANDUM FOR: CDC PARENTS

FROM: 19 FSS/FSFC

SUBJECT: Child and Youth Behavioral Military & Family Life Counseling (CYB-MFLC)

1. This letter is to inform you about the Child and Youth Behavioral Military & Family Life Counseling (CYB-MFLC) Program services. Due to the unique challenges faced by military Families, the Department of Defense is offering this private and confidential non-medical counseling service to Service Members, Families, children, and staff of Child and Youth Programs (CYP), Department of Defense Education Activity (DoDEA) Schools, Local Education Agencies (LEA), DoDEA/CYP summer programs, National Military Family Association Operation Purple Camps, Guard/Reserve Camps, and Operation Military Kids Camps.
2. The CYB-MFLC may support staff and work with children and Families in the following ways:

* Observe, participate, and engage in activities with children and youth
* Provide direct intervention with children
* Model behavioral management techniques and provide feedback to staff
* Suggest courses of age appropriate behavioral interventions to enhance coping and behavioral skills
* Outreach to parents
* Facilitate psycho-educational groups
* Conduct training for staff and parents
* Recommend referrals to military social services and other resources as needed.

1. CYB-MFLCs may assist parents, teachers, staff, and children with the following issues:

* Communication
* Resolving conflicts
* Managing anger
* Bullying
* Self-esteem/self-confidence
* Behavioral management techniques
* Sibling/parental relationships
* Deployment and reintegration issues

The counselor is available to accommodate appointments and meetings/activities after hours and on the weekend with advance notice.

At no time will the counselor meet individually with a child without being in line of sight of a CYB, DoDEA, LEA, or camp employee or a parent/guardian.

* The counselor may use only materials for trainings, groups, and other activities that have been approved by DoD.

I acknowledge that a CYB-MFLC is available and authorize my child/ren, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I acknowledge that a CYB-MFLC is available and DO NOT authorize my child/ren, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You may reach the CYB-MFLC at 501 366-7703. Check with the Front Deck for current name of the CYB-MFLC.