

# UNITE PROGRAM

**BUILDING UNIT COHESION THROUGH GROUP RECREATION**



Last Revised  
September 2022

Must request funds by December 1, 2022 and execute funds by December 15, 2022



## Range 42 Special

- Range 42 activity & any individual combo meal
- \$18.50 per person • Cost to Airman: \$0



## Bowling Special

- Unlimited Bowling with shoe rental, any individual combo meal is included
- \$18.50 per person • Cost to Airman: \$0



## Breakfast & Ice Breakers

- Customizable breakfast options provided by Rickenbacker's or Hangar 42
- \$18.50 per person • Cost to Airman: \$0



## Trivia Night

- With customizable food options included
- \$18.50 per person • Cost to Airman: \$0



## Board Game Night

- Hosted by Range 42: Choose from our large supply of competitive and co-op board games & choice of any individual combo option
- \$18.50 per person • Cost to Airman: \$0



## Kayaking Excursion

- Includes up to 20 kayaks, oars, and life vests; to be picked up at Equipment Checkout
- Amount to be submitted to Unite: \$13.50 per Airman • Cost to Airman: \$0



## Get To Know Each Other

- Includes host to facilitate Icebreakers, grilling area, and Hopper's Lodge rental with access to playground and dog park.
- Amount to be submitted to Unite: \$5.00 per Airman • Cost to Airman: \$0



## Fishing Fun

- Includes up to 15 fishing poles and tackle boxes to be picked up at Equipment Checkout. Bait is not included
- Amount to be submitted to Unite: \$5.00 per Airman
- Cost to Airman for equipment: \$0



## Team Building Hour

- Includes rental of Mobil Team Challenge Low Ropes Course. The course contains 50+ activities geared toward conflict resolution, communication, icebreakers, and more!
- Certified facilitator available to assist with set up, activities, and debriefings.
- Social Distancing Considerations: All activities would be spaced 10+ feet apart and would limit the number of individuals at each activity to 6.
- Amount to be submitted to Unite: \$6.00 per Airman
- Cost to Airman: \$0



## Squadron Sports Day

- Includes any or all of the following: 1 Volleyball set, 2 Corn Hole sets, 4 frisbees, 1 Kickball set, 1 Trash Ball set, 1 Flag Football set, and 3 coolers.
- Reservations available for 4 hour blocks.
- Amount to be submitted to Unite: \$5.00 per Airman.
- Cost to Airman for equipment: \$0

## UNITE. BECAUSE YOU WANT TO...

- Develop a new skill or competency
- Improve physical fitness
- Increase esprit de corps, comradery, or morale
- Promote interaction between unit members
- Provide an opportunity for fun or relaxation
- Reinforce peer, squadron, or AF core values
- Work on a team-building exercise.

Squadrons can choose from Ready-to-Execute Programs, Free / Volunteer events and Squadron Developed Programs!



50 Lemay Plaza Bldg. 804, Montgomery, AL 36112

## ELIGIBILITY

Unite programs benefit all Airmen in a unit, including assigned Active Duty, Reserve, and APF/NAF Civilians. Family members may participate, but they must pay any applicable fees.

Our goals are to support SQ leaders, maximize use of FSS facilities, measure impact, and provide maximum flexibility to SQ commanders.

Mon – Fri: 10:00am - 4:30pm  
Call (334) 303-2026 for more info.



## LAKE MARTIN EXCURSION

Enjoy some recreation activities at the beautiful Lake Martin. Rent out some pontoon boats (seasonal), kayaks, volleyballs, etc.

Get away from the office and build some comradery with your fellow Airmen.

- Boat Rentals:
  - Pontoon: \$150 / \$225
  - Bass Boat: \$80 / \$125
- Canoe: \$15 / Kayak: \$15 / Paddleboard: \$25 / Water Tricycle: \$15
- Grills, fishing gear, kayaks, corn hole available

- Social Distancing Considerations: Pontoon Boats would be advised to operate at half capacity: 5 Airmen per Boat
- Amount to be submitted to UNITE: Price varies on # of Participants
- Cost to Airmen: Varies based on # of Airmen