

# 87<sup>th</sup> FSS Presents CYP Instructional Programming Class Schedule

## **Martial Arts** \*Location: Dix Youth Programs

1279 Locust Street JB-D 08640

|  |       |                         |
|--|-------|-------------------------|
| Jiu Jitsu Level 1<br>Students in grades K-5  | \$120 | Mondays<br>3:30-4:30    |
| Jiu Jitsu Level 2<br>Students in grades 6-12 | \$140 | Mondays<br>4:30-5:30    |
| Mommy, Daddy, & Me<br>Ages 2-3 & Parent      | \$120 | Tuesdays<br>11:00-11:30 |
| Little Dragons<br>Ages 4-6                   | \$130 | Tuesdays<br>11:30-12:15 |
| Young Dragons<br>Ages 7 and up               | \$140 | Tuesdays<br>12:15-1:00  |

## **Gymnastics** \*Location: McGuire Youth Programs

3830 East Scott Street JB-M 08641

|   |       |                            |
|---|-------|----------------------------|
| Polliwog /Leap Frogs<br>Gymnastics<br>Ages 4-6Y | \$55  | Thursdays<br>9:30 – 10:15  |
| Tadpoles Gymnastics<br>Ages 3-4Y                | \$55  | Thursdays<br>10:15 – 11:00 |
| Little Tad Gymnastics<br>Ages 18M-3Y            | \$50  | Thursdays<br>11:00 – 11:30 |
| Baby & Me Gymnastics<br>Ages 18M-3Y             | \$100 | Monday<br>12:00-12:45      |
| Little Leapers<br>Gymnastics<br>Ages 3-5        | \$120 | Monday<br>1:00-1:45        |
| Youth Gymnastics<br>Ages 6-9                    | \$132 | Monday<br>2:00 -2:45       |

## **Cheer** \*Location: Dix Youth Programs

3830 East Scott Street JB-MDL 08641

|              |      |                        |
|--------------|------|------------------------|
| Mighty Cheer | \$50 | Wednesday<br>6:00-7:30 |
|--------------|------|------------------------|

## **Dance** \*Location: Dix Teen Center

691 Juliustown Road JB-MDL 08640

Dance with Me: *Creative Movements*: Ages 18M-3Y  
 There are 4 different sections of this class being offered.  
 Please select **one**.

|                           |                         |                         |                       |
|---------------------------|-------------------------|-------------------------|-----------------------|
| Wednesdays<br>10:00-10:45 | Wednesdays<br>3:30-4:15 | Thursday<br>10:00-10:45 | Thursday<br>3:30-4:15 |
|---------------------------|-------------------------|-------------------------|-----------------------|

Combination Ballet & Tap: Ages 4-5  
 There are 4 different sections of this class being offered.  
 Please select **one**.

|                           |                         |                          |                        |
|---------------------------|-------------------------|--------------------------|------------------------|
| Wednesdays<br>10:45-11:30 | Wednesdays<br>4:15-5:00 | Thursdays<br>10:45-11:30 | Thursdays<br>4:15-5:00 |
|---------------------------|-------------------------|--------------------------|------------------------|

Jazz - Mini Hop: Ages 5-8  
 There are 2 different sections of this class being offered.  
 Please select **one**.

|                         |                        |
|-------------------------|------------------------|
| Wednesdays<br>5:00-5:45 | Thursdays<br>5:00-5:45 |
|-------------------------|------------------------|

All dance classes are \$65/month.

## **Piano** \*Location: Dix Teen Center

691 Juliustown Road JB-D 08640

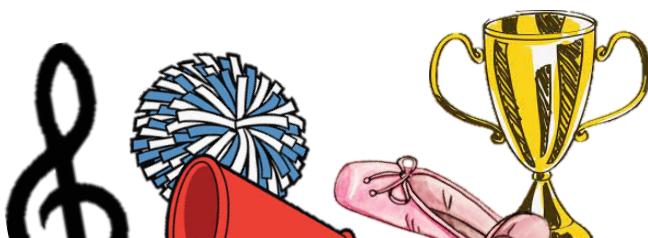
Private Piano Lessons. Each lesson will be a 30-minute private lesson in which student learn to play the piano.

Classes will be offered weekly at the following times:  
 \*All classes will be held at the Teen Center

|                         |                          |
|-------------------------|--------------------------|
| Tuesdays<br>3:30 – 6:30 | Wednesday<br>3:30 – 6:30 |
|-------------------------|--------------------------|

All piano classes are \$100/month.

Call Dix Teen Center (609) 562-5488 with questions or ask any CYP



*team member for further information.*

*\* Class locations subject to change.*

# JBMDL Instructional Classes: Instructions

## Notes on Physicals:

- Physicals must be completed **before** starting classes
- In the event a prospective student is already enrolled in another program, I will likely be able to obtain a health assessment/physical/shot record and Part A from that program.
- If anything is marked as a “yes” on Part A, then Part B **must** be filled out.



## Attire for Class:

- Anything comfortable for all classes
- Dance for 4-6 year olds includes Tap Dance and so requires tap shoes!
- Martial Arts can purchase GI from the instructor