## Welcome!

Welcome to the Mountain Home AFB Youth Sports program! By volunteering as a coach, you have taken on a very important role. Your commitment to youth is an integral part of our program. Our volunteer coaches are the "heartbeat" of our program and an essential element in the success of our program.

You will wear many hats as a coach. You are a leader, role model, mentor, friend, and teacher to all the youth you will be working with, and occasionally you may even play the role of surrogate parent. As a coach you will not only be teaching the youth assigned to your team the athletic skills for the sport, but you will also be teaching them skills in communication, teamwork, good sportsmanship and helping each youth develop a sense of self-worth.

The Mountain Home AFB Youth Sports program emphasizes a POSITIVE and SAFE youth sports environment! The Youth Sports program, league administrators, and league coaches are in the <u>Recreational Sport</u> business - "Programming sport activity for the sake of participation and fun." We hope that during the season, the youth on your team will learn lifetime skills in an environment that nurtures their skills and abilities. Our Youth Sports program is affiliated with the Boys and Girls Clubs of America (BGCA), and, as a result, focuses on the BGCA Youth Development Strategy, which states all participating children will have a positive experience that contributes to a positive sense of self-esteem by assuring children develop a sense of competence, a sense of usefulness, a sense of belonging, and a sense of influence.

If you have any questions or concerns about the youth sports program, I am always available whether at the game or at the Youth Center. I will be glad to answer your questions. Again, thank you for volunteering! I look forward to working with you.

Mountain Home Youth Sports Staff
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