## MHAFB SWIMMING POOL RULES

Pool Capacity: 140

- Do not enter the pool without a lifeguard on deck.
- Showers must be taken before entering the pool.
- Individuals with the following conditions shall be prohibited from entering the pool:
  - -diarrhea, skin disease, open sores or lesions, sore or inflamed eyes nasal or ear discharge.
- Children not toilet trained must wear swim diapers. Diaper changing on the deck is prohibited.
- Patrons must be dressed in proper swim attire, be conservative in manner and taste. (No extra cheeky bottoms or thongs etc.)

- Children 10 or younger must be in direct supervision of an adult (18+). Ages 11-13 must pass a swim test or be supervised by an adult.
- Young children and non-swimmers may not be in the pool without an adult with them within reasonable reach.
- Only properly fitting U.S. Coast Guard approved personal floatation devices are allowed. "Water Wings" etc. are strictly prohibited.
- Intentional hyperventilation or extended breath holding activities are dangerous and prohibited. No breath holding or prolonged underwater swimming contests. Repeat violators will be asked to leave the facility.
- Do not swallow or spit water.

- Glass containers prohibited in pool area; food, beverages, chewing gum, smoking, chewing tobacco, and snuff prohibited in pool and on pool apron.
- No pets are allowed in the pool area. Service dogs escorting persons with disabilities shall be permitted on the pool deck as well as working dogs accompanied by their handlers as required.
- Diving in shallow areas is strictly prohibited.
- No independent teaching or instruction.
  - Do not sit, stand, or jump from another's shoulders. Rough play, running, and dunking are not allowed.
  - Pool will be cleared during electrical storms and at other times deemed necessary in the interest of safety.

Neither the facility nor the employees will be held responsible for lost, stolen, or damaged personal items.

Lockers are day use only.

Lifeguards and Manager have the authority to stop any activity they deem unsafe.

SAFTEY FIRST!

