

# DIGITAL FITNESS CLASSES

YOUR FAVORITE CLASSES.

YOUR FAVORITE INSTRUCTORS.

YOUR SCHEDULE.



## PICK. CLICK. **PLAY.**

We have hundreds of digital fitness workouts available at your fingertips. Search or filter by category, level and duration to find the perfect workout for your goal. Preview classes directly on the touchscreen kiosk, and then tap play to begin your workout on the big screen.

**JILLIAN**  
MICHAELS



GymRa



my yogaworks

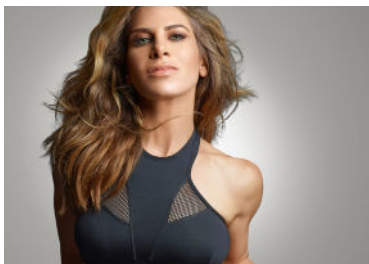
PILOXING



TONE-SHRED



STRONG  
BY ZUMBA



### Leading Instructors

Workout with leading instructors from the powerhouse brands you know. Content is refreshed regularly to give you access to the best workouts and the latest trends in fitness.



### Anywhere, Anytime

Download the FitnessOnDemand mobile app for real-time updates to our entire group fitness schedule. You can stream digital workouts directly on your device anywhere in the facility, or even on-the-go.

**FITNESS**  
ON DEMAND

Download on the  
**App Store**

GET IT ON  
**Google Play**