

Note: Go for Green Sodium Identifier 🍷



EAT OFTEN 🍷 Low Sodium



EAT OCCASIONALLY 🍷 Moderate Sodium



EAT RARELY 🍷 High Sodium

# VAN DINE DINING FACILITY MAY 2024 LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
v0 MON-Broccoli Tues- Chick Tortilla Wed-Vegetable Thursday-Chick Noodle Friday-Potato Soup <b>Soup Menu</b>	Mon- Mongolian Tues- Taco Wed- BBQ Thursday- Wings Friday- Chef Special <b>Specials</b>		Meat 🌟 Lemon Basil 🍷 🌟 Shrimp 🌟 Mambo Pork 🍷 🌟 Grilled Chicken W/Mustard Sauce 🍷	🌟 Honey Ginger Chicken 🍷 🌟 Grilled Salmon W/Citrus Butter 🌟 BBQ Brisket 🍷	🌟 Chicken Florentine 🍷 🌟 Italian Broccoli Pasta 🍷 🌟 Stuffed Baked Pork Chops 🍷	🌟 Fried Shrimp 🍷 🌟 Hot & Spicy Chicken 🍷 🌟 Ziti W/Meat Sauce 🍷
5 🌟 Turkey Lentil Chili 🍷 🌟 Shrimp Jambalaya 🍷 🌟 Southern Fried Chicken 🍷	6 🌟 Roast Beef 🍷 🌟 Chicken Cordon Bleu 🍷 🌟 Pasta Primavera 🍷	7 🌟 Chicken Kabob 🍷 🌟 Pepper Steak 🍷 🌟 Tuna Noodle 🍷	8 🌟 Beef Brogul 🍷 🌟 Pork Schnitzel 🍷 🌟 Fish Onion-Lemon Baked 🍷	9 🌟 Turkey & Spinach Meatloaf 🍷 🌟 Marinated Tomatoes W/Penne & Basil 🌟 Pineapple BBQ Meatballs 🍷	10 🌟 Swiss Steak 🍷 W/Brown Gravy 🌟 Stuffed Green Peppers 🍷 🌟 Tuna Noodle 🍷	11 🌟 Grilled Honey 🌟 Siracha Chicken 🌟 Chili Mac 🌟 Shrimp Chop Suey 🍷
12 🌟 Turkey Ala King 🍷 🌟 Country Style Fried Steak 🍷 🌟 Baja Baked Cod 🍷	13 🌟 Oriental Pepper Steak 🍷 🌟 Chicken Parmesan 🍷 🌟 Baked Fish W/Lemon Garlic butter 🍷	14 🌟 Basil Baked Fish 🍷 🌟 Turkey Breast Fillet 🌟 Pasta Provencal 🍷	15 🌟 Spicy Catfish Poboy 🍷 🌟 Grilled Pork Chops 🌟 Cajun Meatloaf 🍷	16 🌟 Baked Dijon Pork Chop 🍷 🌟 Spinach Lasagna 🌟 Turkey Florentine Roulade 🍷	17 🌟 Roast Turkey 🍷 🌟 Cheese Tortellini 🍷 🌟 Stuffed Green Peppers (Beef) 🍷	18 🌟 Baked Chicken 🍷 🌟 SW Shrimp Linguini 🍷 🌟 Beef Bulgogi 🍷
19 🌟 Creole Fish Fillet 🍷 🌟 Stir Fry Chicken W/Broccoli 🌟 Teriyaki Steak 🍷	20 🌟 SW Sweet Potato 🌟 Black Bean & Corn Simmered Beef 🌟 Almond Cod 🍷	21 🌟 Chili Mac 🍷 🌟 Basil Baked Fish 🌟 Teriyaki Chicken 🍷	22 🌟 Shrimp Kabob 🍷 🌟 Ginger BBQ Chicken 🌟 Lemon Pasta 🍷	23 🌟 Honey Mustard Chicken 🌟 Ziti W/Meat Sauce 🌟 Baked Fish 🍷	24 🌟 Polish Sausage 🍷 🌟 Baked Salmon 🌟 Hamburger Yakisoba 🍷	25 🌟 Santa Fe Chicken 🌟 Baked Dijon Pork Chops 🌟 Beef Ball Stroganoff
26 🌟 Cheese Tortellini W/Marinara Sauce 🌟 French Fried Shrimp 🌟 Bourbon Chicken	27 <b>Memorial Day</b> 🌟 Grilled Steak 🍷 🌟 BBQ Chicken 🌟 French Fried Shrimp	28 🌟 Baked Fish 🌟 Meat Loaf 🌟 Baked Chicken	29 🌟 Lemon Basil Shrimp 🌟 Mambo Pork 🌟 Grilled Chicken W/Mustard Sauce 🍷	30 🌟 Honey Ginger Chicken 🌟 Grilled Salmon W/Citrus Butter 🌟 BBQ Brisket 🍷	31 🌟 Chicken Florentine 🍷 🌟 Italian Broccoli Pasta 🍷 🌟 Stuffed Baked Pork Chops 🍷	

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# VANWEY DINING FACILITY MAY 2024 DINNER MENU

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EAT

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MON-Broccoli Tues- Chick Tortilla Wed-Vegetable Thursday-Chick Noodle Friday-Potato Soup <b>Soup Menu</b>	Mon- Mongolian Tues- Taco Wed- BBQ Thursday- Wings Friday- Chef Special <b>Specials</b>		1 Grilled Steak Roast Turkey Mediterranean Salmon	2 Crispy Oven Baked Chicken Roast Beef Parmesan Crusted Cod	3 Greek Lemon Turkey Pasta Savory Baked Chicken Parmesan Fish	4 Beef Stir-Fry Baked Stuffed Fish Chicken Bulgogi
5 Baked Dijon Pork Chops Chili Mac Lemon Pepper Catfish	6 Turkey Nuggets Beef & Corn Pie Bourbon Chicken	7 Sweet & Spicy Orange Salmon Cheese Tortellini W/Marinara Steak Ranchero	8 Almond Crusted Cod Hamburger Yakisoba Cranberry Glazed Chicken	9 BBQ Beef Cubes Chicken Enchilada Baked Turkey Florentine Roulade	10 Lasagna Chicken Cacciatore Italian Broccoli Pasta	11 Jamaican Chicken Braised Spareribs Salisbury Grilled Chicken
12 Swedish Meatballs Polynesian Fillet Smothered Steak	13 Pork Roast Tenderloin Tuna Noodles Savory Baked Chicken	14 Baja Fish Taco Baked Mexican Chicken Beef Stir Fry	15 Fish Onion Lemon Baked Simmered Beef Cajun Chicken	16 Baked Salmon Pineapple BBQ Meatballs Honey Mustard Chicken Breast	17 Turkey & Spinach Meatloaf Crispy Oven Baked Chicken Parmesan Fish	18 Honey Ginger Chicken Salisbury Steak Cheese Manicotti
19 Chicken Ala King Baked Fish Pasta Primavera	20 Spaghetti W/Turkey Meat Sauce Baked Fish Tofu Vegetables	21 Chili Mac Basil Baked Fish Teriyaki Chicken	22 Marinated Tomatoes W/Penne & Basil Southern Fried Catfish Sweet Chili BBQ Meatballs	23 Hot & Spicy Chicken Pasta Toscano Cantonese Spareribs	24 Roast Beef Shrimp Scampi German Chicken Schnitzel	25 Salmon W/Maple Ginger Glaze Stuffed Green Peppers (Beef) Pasta Primavera
26 Beef Pot Pie Lemon Baked Fish Herb Baked Chicken	27 <b>Memorial Day</b> Grilled Steak BBQ Chicken French Fried Shrimp	28 BBQ Beef Cubes SW Fish Grilled Pork Chops	29 Grilled Steak Roast Turkey Mediterranean Salmon	30 Crispy Oven Baked Chicken Roast Beef Parmesan Crusted Cod	31 Greek Lemon Turkey Pasta Savory Baked Chicken Parmesan Fish	