

MEMORANDUM FOR PARENTS AND GUARDIANS OF CHILDREN ATTENDING
VANDENBERG AFB SCHOOL AGE AND YOUTH PROGRAMS

FROM: KAREN COOK,
CHIEF OF YOUTH PROGRAMS

SUBJECT: Child and Youth Behavioral Military & Family Life Counselor (CYB-MFLC)

1. Due to the unique challenges faced by military families, particularly during this time of war, the Department of Defense is providing professional licensed consulting staff to provide non-medical counseling services to Service members and their families, children, and staff of Vandenberg AFB Child and Youth Programs. This letter is to inform you about the Child and Youth Behavioral Military & Family Life Counselors (CYB-MFLC) Program.
2. With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty to warn situations) MFLC support is private and confidential to encourage the widest level of participation.
3. The CYB-MFLCs are available to provide non-medical support to faculty, staff, parents, and children for issues amenable to short-term problem resolution such as school adjustment issues, deployment and reunion adjustments, and parent-child communications. In his/her role as consultant, he/she is available to:
 - Observe, participate, and engage in activities with children and youth
 - Outreach to parents
 - Facilitate deployment groups at the school.
 - Conduct trainings for staff and parents
 - Recommend referrals to military social services and other local resources as needed.
4. Subject areas may include but are not limited to the following:
 - Communication
 - Resolving conflicts
 - Managing anger
 - Bullying
 - Self-esteem/self-confidence
 - Behavioral management techniques
 - Sibling/parental relationships
 - Deployment and reintegration issues
5. The consultant may also work with children in settings such as field trips and other school sponsored activities where he/she is available to talk to the children, facilitate group activities and be involved in such a way as to enhance the children's experiences.
6. The consultant is available to accommodate appointments and meetings/activities after hours and on the weekend with advance notice.
7. Please note the following rule that our consultant must abide by:
 - At no time will the consultant meet individually with a child without being in line of sight of a school employee or their parent/guardian.
8. Vandenberg Child and Youth programs are very excited to offer the Military and Family Life counselor program; a confidential program which is offered at no cost. If you have any questions regarding this new support offering, feel free to call: Karen Cook at 606-2152 or you may reach the MFLC AT 423-3261

Please complete the permission section below and return to: *VANDENBERG YOUTH PROGRAMS, 16170 MONTANA ST VAFB CA 93437 805-606-2152*

I acknowledge that a CYB-MFLC is available and authorize my child, _____, to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE

I acknowledge that a CYB-MFLC is available and DO NOT authorize my child, _____, to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE