





Ollie the Eagle is missing! Find him inside this StealthLife magazine, and email his location to whitemanmarketing3@gmail.com with the subject line "Eagle" no later than June 30th to be entered in a drawing to win a

\$50 FSS gift card!

# WHITEMAN

**JUNE 1 - JULY 28 • 10 AM** 

Weekly events throughout the Summer Reading Program that highlight a different activity or experience for the kids and their families to take part in!

JUNE 5-

**BINGO** 

JUNE 12- KC Chiefs Ground Crew

JUNE 26- Michael Stauffer (Bees)

Knob Noster State Park (Wild Mammals)

JULY 17- MO Dept. of Conservation (Seed Balls)

JULY 24- Fun and Games Day

For more

information

660-687-5614

**JUNE 22 10 AM** 









# YOUTH **PROGRAMS**



#### TEEN LATE NIGHT JUNE 7 ● 6-10PM

join us for an evening of fun! We'll meet at the youth center, then head to the bowling alley for dinner (bring \$15 for food). We will later return to the youth center for games and crafts. Don't miss out!

#### TOP GOLF TRIP

JUNE 21 • 4 - 9:30PM

Join us for a fun-filled afternoon at Top Golf with the Youth Center on June 21 from 4:00 PM to 9:30 PM. open to ages 12-17. The event is free for members and \$10 for non-members. We'll also be having dinner at Chick-fil-A, so please bring \$15 for your meal. Sign up on CYP-BMS by June 18th! Don't miss out!

#### DOWN ON THE FARM

3:30 - 5PM

Join us for "Down on the Farm" at the Youth Center on June 18 from 3:30 PM to 5:00 PM. This event is free for members and \$10 for non-members. Enjoy games, snacks, crafts, and a scavenger hunt. Sign up on CYP-BMS by June 18.

#### GIVE PARENTS A BREAK JUNE 14 • 6-10PM

Need a break from the kiddos? We've got you covered! Give Parents a Break & Parents Night Out is hosted monthly! Give Parents A Break is an Air Force Aid Society program to provide up to 4 hours of free child care for Active Duty Air Force families who need a break from the stresses of parenting. Families must be referred to the M&FRC by commanders, first sergeant, chaplain, MFLC or other helping agency for a voucher.

#### VOLLEYBALL **CAMP**

**JUNE 17-21** 4 PM \$25 PER PERSON **AGES 8-12** 



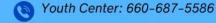
#### **PAINTBALL** CAMP

**JULY 8-12** 9-12 \$25 PER PERSON **AGES 9-15** 



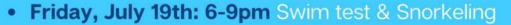


Sign Up For Youth Programs Here!





Are you ready to take the plunge and learn to scuba dive? Well, you've come to the right place to get Open Water Dive Certified. No prior experience with scuba is necessary. Must be 10 years or older to participate.



- Saturday, July 20th & Sunday, July 21st: 9am-5pm Academic review/practical experience and getting to know your gear in the pool
  - Academic Review/ Pool Sessions will be at Longview Community Center pool 500 SW Longview Rd, Lee's Summit, MO 64081
  - **Open Water Dives** Beaver Lake Park (1 night lodging is included) Saturday, July 27th & Sunday July 28th



SCAN HERE FOR MORE INFO! -

CALL THE ODR OFFICE AT (660)687-5565





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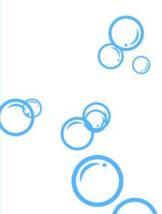




# OUTDOOR RECREATION



## **POOL IS NOW OPEN!!**



## **HOURS OF OPERATION:**

Tuesday - Sunday 12pm - 6pm Lap swim: 11am-12am

(Available for active duty, DoD civilians and retired.)

#### **DAILY ADMISSION**

\$3.00 Cash Only at Pool

#### **SEASON PASS**

Family **\$100** Single Pass \$50

Purchase only at Outdoor Rec.





Elevate your outdoor experience with ODR's topof-the-line lawn and garden equipment. From powerful lawn mowers to precision trimmers and everything in between, we've got you covered for all your landscaping needs!

Tiller, Lawn Aerator, Push Mower, Riding Mower, Stump grinder, and chainsaw

#### **CAMPERS**



#### **CONTACT US**

725 2nd St Bldg. 110 Whiteman AFB, Mo 660-687-5565

#### **BOUNCE HOUSES**





### **BENCH PRESS CLINIC**

FREE • JUNE 7TH • 8 AM

Get ready to pump some iron at our Bench Press Clinic on June 7th! This free event is perfect for fitness enthusiasts looking to improve their bench press technique. Join us for expert guidance, training tips, and a supportive atmosphere to help you reach your strength goals. Don't miss out on this opportunity to level up your workout routine!





FREE • JUNE 21ST • 8 AM

Join us for a blast from the past at Striker Retro Sports Day on June 21st at 8 AM! Enjoy a fun day of classic sports, all for free. Come compete in friendly competitions, it's a day you won't want to miss. Bring your friends and family for a throwback experience that promises laughter and memories!



#### **FAMILY SPIN & CHILL** FREE • JUNE 29TH • 9 AM

Get ready for a fun-filled morning at Family Spin and Chill on June 29th at 10 AM! Join us for a bike ride along the fitness center path, followed by some chill time with treats. It's the perfect way to stay active and enjoy some delicious snacks with friends and family. Don't miss out on this exciting adventure!







#### **HOURS OF OPERATION**

M - Th: 5:00 a.m. - 10:00 p.m. F: 5:00 a.m. - 8:00 p.m. Sat. & Sun: 10:00 a.m. – 5:00 p.m. 24/7 Access Card Only - June 19th & 20th, 2024





## WHAT TO EXPECT

- Individual Bench Press Technique •
- How to Properly Bench Press
- Long-Term Bench Press Development
- Common Mistakes
- Injury Prevention



# MILITARY & FAMILY

# READINESS CENTER

### UPCOMING CLASSES & EVENTS

- COLLEGE 101
- FOUNDATIONS 500
- NEWCOMERS BRIEFING
- NAVIGATING USA JOBS & FEDERAL RESUME
- 5 STEPS TO GET HIRED
- WHITEMAN JOB CLUB
- SKILLBRIDGE BREIFING
- THE GREAT ESCAPE CLUB
- BREAKING THROUGH
  SOLITUDE
- BUNDLES FOR BABIES



SCAN THE QR CODE BELOW FOR OUR EMPLOYMENT & VOLUNTEER INFORMATION!



he Military and Family Readiness Center (M&FRC) provides programs and services to assist commanders in identifying, assessing, and minimizing personal and family related challenges to maintain unit cohesion and strengthening operational readiness. Our programs and services are designed to provide Airmen and their family members with the training and information to deal with the major stressors associated with military life.

Our programs and services include, but are not limited to, Transition Assistance, Personal Financial Readiness, Relocation Assistance, Deployment Support, Personal and Work/Life Assistance, Employment Assistance, Information and Referral, Casualty Assistance, and Exceptional Family Member Support.





#### **BUNDLES FOR BABIES**

JUNE 7 • 8:30 AM • SILVERPLATE CENTER

Experts from Family Advocacy, MFLC Program, Military One Source, Health Promotions, New Parents Support Program and M&FRC provide guidance for expecting parent and parents of newborns. This program provides a financial brief to all members in the Bundles for Babies Seminar. Air Force Members will receive a \$50 gift card/deposit.

#### **NEWCOMERS BREIFING**

JUNE 13 & 27 · 8-9AM · MISSION'S END

Welcome to Whiteman! Newcomer's Orientation is a required program that provides important connections and information to boost your Whiteman tenure to a high quality, high impact season. New members will hear from 509 Bomb Wing Leaders, receive information about risk mitigation, connect with community support agencies, and identify great opportunities in the region. Spouses are highly encouraged to attend!





#### THE GREAT ESCAPE CLUB

JUNE 26 • JULY 24 SILVERPLATE CENTER 3PM - 4PM

This 1-hour workshop is a beginner's guide to managing the diverse responsibilities of independent living.

Topics range from:

- managing budgets
- choosing a home
- understanding rights and responsibilities
- following cleaning cycles
- accomplishing basic maintenance.

#### **BREAKING THROUGH SOLITUDE**

JUNE 17 • JULY 15 SILVERPLATE CENTER 3:00 PM

Join the battle against solitude, loneliness, and cabin fever. Learn about common causes for feeling alone and tools to escape and combat this burden. Presenters will share specific ideas that are relevant to the Whiteman community. Open to all!





**DOUBLE ELIMINATION TOURNAMENT TEAMS OF 5 FREE EVENT MUST BE 13+ TO PARTICIPATE** 

> WHITEMAN FITNESS CENTER GUM

To sign-up contact the Community Programs office at 660-687-5754

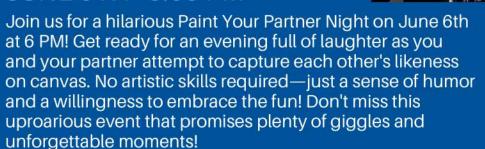
**GRAND PRIZE SECOND PLACE** \$100 THIRD PLACE \$25



# COMMUNITY (CPPO) PROGRAMS

## PAINT YOUR PARTNER

JUNE 6TH 6:00 PM





#### **DESIGNER BINGO**

JUNE 12TH 6:00 PM

Indulge in an evening of sophistication and excitement at our Designer Bingo event, taking place on June 13th starting at 6:00 PM! Join us for a glamorous night of bingo where you can win fabulous prizes, including designer handbags, accessories, and more. Get ready to daub your way to luxury as you compete for coveted purses and stylish accessories. Mark your calendar for a night of high fashion and thrilling wins!

#### **LUNCHTIME BINGO**

JUNE 11TH & 18TH 11:30 AM

Join us for Lunchtime Bingo on June 18th at 11:30 AM! Indulge in a delightful midday escape filled with thrilling bingo action. With each game offering the opportunity to win gift cards! You won't want to miss this chance to add some excitement to your lunch break. Grab your lucky charms and join us for an afternoon of fun and friendly competition. Mark your calendar and get ready for a lunch hour filled with laughter and surprises!



## WONDERS OF WILDLIFE JUNE 22ND

SAI presents a trip to the Wonders of Wildlife National Museum and Aquarium in Springfield, MO on June 22. The event costs \$5 per person and is open to all single airmen of any rank, each of whom can bring one guest at the same rate. There are 15 slots available. The departure time is 7:45 AM, and the return time is 3:00 PM. To sign up, call CPPO at 660-687-5754. Don't miss this opportunity to explore fascinating wildlife exhibits and aquatic displays!





Contact us to register! 660-687-5754

# STARS AND STRIKES BOWLING

#### **FATHER'S DAY BOWLING**

JUNE 16TH 11AM - 4PM

Celebrate Father's Day with a lively bowling event on May 12th at Stars and Strikes Bowling Center! From 11 AM to 4 PM, enjoy a day packed with family-friendly fun and a bit of friendly competition. Let Dad know how much he means to you with a day of strikes, spares, and quality time. Don't miss this special celebration!



#### KIDS BOWL FREE

MAY 24 - AUG 16 MON-THUR ALL DAY - FRIDAY UNTIL 5PM

From May 24 to August 16, kids 17 and under can enjoy one free hour of bowling (up to 2 games) Monday through Thursday all day and Friday until 5 PM. Note that shoes are not included, and this offer is not valid on weekends or holidays. Family passes, allowing additional family members to participate, are available for purchase after registering on the Kids Bowl Free site, starting at \$34.95. This program offers affordable family fun for the entire summer!

### **BOOK YOUR NEXT** PARTY WITH US!

Birthday party packages include the Party Room, 1 hour of bowling, shoe rental, pizza, and drinks! Birthday party packages must be reserved at least a week in advance. Book your party today by calling 660-687-5114!

#### **ALL-YOU-CAN-EAT PIZZA BUFFET**

FRIDAYS 11AM - 1PM

Save "dough" and head to our weekly all-you-can-eat pizza buffet! Buffet is held Fridays 11am - 1pm! Price is \$9 per adult and \$6.50 per child.

#### HOURS OF OPERATION (SUMMER)

660-687-5114



JUNE 8TH, 2024

STARS AND STRIKES

PRICE: \$20 A TEAM

(\$10 PER PERSON)

WE WILL ALSO BE DOING A PRO SHOP GIVEAWAY BASKET AND EVERY SIGN UP GETS A CHANCE TO WIN!

#### HOW TO PLAY:

- IF PARTNER #1 GETS A STRIKE, THEN OF THE NEXT FRAME, AND PARTNER #1 WILL SHOOT THE SPARE, AND SO ON



- Mixed Doubles -

PER PERSON

**PER WEEK** 



**LUNCH IS ON US!** 

JUNE 11, 2024 1100-1300



# MISSION'S

# REFUELING TRAILER MENU









## **CLUB EVENTS**

#### **FATHER DAUGHTER DANCE**

JUNE 15TH 6-8 PM

Join us for the Father-Daughter Dance on June 15th from 6 PM to 8 PM! Enjoy a magical evening of music, dancing, and unforgettable memories. Dress up and celebrate this special bond together. Don't miss this enchanting event!

#### KIDS COOKING CLASS

JUNE 24-26 1-4 PM

Sign your kids up for a fun cooking class from June 24-26, 1 to 4 PM! They'll learn new recipes and cooking techniques in an engaging, hands-on environment. Don't miss this opportunity for your children to develop their culinary skills and have a blast!

#### **CLUB MEMBER'S FREE LUNCH**

#### Café

Monday - Friday: 1100 - 1300 **Refueling Point Coffee Trailer** Monday - Friday: 0600 - 0900 1100 - 1300

### TUESDAY, JUNE 11TH 11AM-1PM

Lavene Lounge (Bar) Wednesday 1530 - 1900 Thursday 1600 - 1900 Friday 1600 - 2100

# ROYAL OAKS GOLF COURSE







**Events Here!** 

Featuring FIREFEST







FSS

# WHITEMAN DINIG



# WHITEMAN FOOD SHOW

OZARK DINING FACILITY JUNE 6TH 1100 - 1300

### JUNETEENTH JUNE 19TH 1100 - 1300



### **2Q BIRTHDAY MEAL**

OZARK DINING FACILITY JUNE 27TH

JOIN US FOR THE 2Q BIRTHDAY MEAL AT THE DEFAC IN HONOR OF ASIAN AMERICAN PACIFIC ISLANDER MONTH. CELEBRATE WITH A DELICIOUS MEAL INSPIRED BY AAPI CUISINE, AND ENJOY A FESTIVE ATMOSPHERE RECOGNIZING THE RICH CULTURAL HERITAGE OF OUR AAPI COMMUNITY. DON'T MISS THIS SPECIAL EVENT!



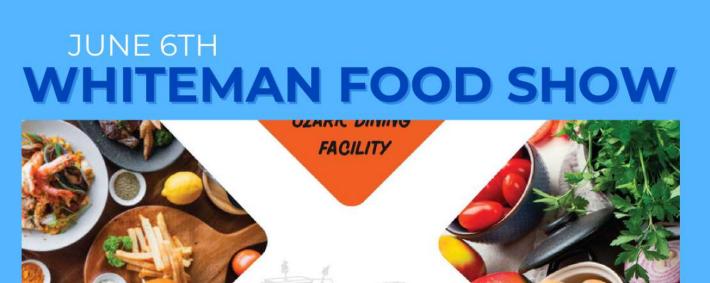




In-Flight Kitchen Menu







WHITEMAN FOOD \*\* SHOW

COME SAMPLE NEW RECIPES FROM DIFFERENT PRIME VENDORS!

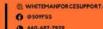
TASTY FUN FOOD

June 6th, 2024 1100 - 1300

SUBMIT A
COMMENT CARD
OF YOUR FAVORITE
RECIPE!







# WINGS OVER WHITEMAN STEELING S



# Registration closes June 6th

for Summer Programs and School Districts! Secure your spot today!

# 8AM-4PM

# Open to the public!

Get ready for an exhilarating journey into the world of STEM at Wings Over Whiteman (WOW) STEMfest!

Join us as we inspire the next generation of innovators, problem-solvers, and dreamers!





## Experience a day filled with:

- Engaging Exhibits
- Interactive Technology Demonstrations
- Exciting Educational Demonstartions
- Insightful STEM Activities



Register here!

Don't miss out on this incredible opportunity to ignite curiosity and explore the wonders of



For more information, contact Whiteman AFB School Liaison Program Manager at (660) 624-6348.



Whiteman Presents

FRFF 1530

23

Ford Auditorium in the PDC

Drinks with lids and dry snacks allowed in Ford Auditorium for these showing only

Experience the thrilling saga of WWII's aerial battles with "Master's of the Air" exclusively at the PDC Auditorium. Through the lens of the Mighty Eighth Air Force, this Apple TV series offers a captivating exploration of wartime bravery. Bring your favorite snacks and join us for an immersive journey through history as we honor the courage of those who fought in the skies. Don't miss this opportunity to delve into the heart of one of humanity's most pivotal moments.



For more information contact MSgt Anthony Verde at 687-7829 or Mr. Joshua Bailey at 687-6526

## **SHOW TIMES**

Episode 1: 13 June

Episode 2: 27 June

Episode 3: 11 July

Episode 4: 18 July

Episode 5: 25 July

Episode 6: 1 August

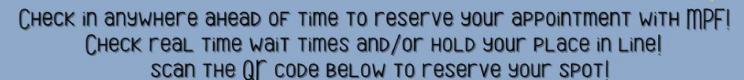
Episode 7: 8 August

Episode 8: 15 August

Episode 9: 22 August

# Dreading Waiting?

Save Time and check in at MPF!







Scan Mel

# DVERTISEAT

Interested in advertising at Whiteman? Contact the Marketing office at 660-687-7929!



Scan QR Code to see **Advertising Pricing** 







### **509TH FORCE SUPPORT SQUADRON DIRECTORY**

#### **FORCE SUPPORT**

509 FSS Commander Maj. Carissa Hoosline

Civilian Personnel 687-6475

Mon - Fri: 9:00 a.m. - 3:00 p.m. Closed: Weekends, Holidays & Family Days

Community Programs & Partnership Office

Mon - Fri: 8:00 a.m. - 4:00 p.m.

Military Mail Center

Mon - Fri: 7:30 a.m. - 4:30 p.m. Sat: 9:00 a.m. - 1:00 p.m.

Marketing Office & Spirit Print Shop

Mon - Fri: 7:30 a.m. - 4:30 p.m.

Military Personnel Flight

Force Management 687-5776 Assignments 687-1500 Separations & Retirements 687-454

Enlisted Promotions 687-4621 Reenlistments 687-6468

Mon - Fri: 7:30 a.m. - 3:00 p.m. Closed: Weekends, Holidays & Family Days Customer Service (DEERS/ID) 687-6535 Mon - Fri: 7:30 a.m. - 4:30 p.m.

Closed: Weekends & Holidays

NAF Human Resources

Mon - Fri: 9:00 a.m. - 3:00 p.m. Closed: Weekends, Holidays & Family Days

Professional Development Center & Education Center

687-5750

Mon. Wed. Fri: 8:00 a.m. - 11:30 a.m. Tues & Thurs: 12:30 p.m. - 4:30 p.m. Development Advisor 687-7829 First Term Airman Course 687-6391 Mon - Fri: 7:00 a.m. - 4:00 p.m Airman Leadership School 687-5760 Mon - Fri: 7:30 a.m. - 4:30 p.m.

Sponsorship & Advertising

Mon - Fri: 7:30 a.m. - 4:30 p.m.

Whiteman Inn 24/7

#### Follow us on Facebook!



Information, Tickets & Travel 687-5618

Mon - Fri: 8:30 a.m. - 4:00 p.m. Closed: Weekends, Holidays & Family Days

687-5614

Mon - Fri: 8:00 a.m. - 5:00 p.m. Sat: 9:00 a.m. - 1:00 p.m. Closed: Sundays & Holidays

Outdoor Rec & Equipment Rental

Mon - Fri: 8:30 a.m. - 5:00 p.m Family Days: 8:30 a.m. - 12:00 p.m. Closed: Sundays & Holidays

Royal Oaks Golf Course

Closed Will re-open during golf season

Weather Permitting

Late opening or early closure of course & facility may occur when temp is below 50°F. Course will be closed when temps are forecasted below 40°F

Spirit Auto

687-5689

Mon: 8:00 a.m. - 5:00 p.m. Tues - Fri: 8:00 a.m. - 5:00 p.m. Sat: 9:00 a.m. - 5:00 p.m. Closed: Sundays & Holidays

Stars & Strikes Bowling Center

Mon: 7:30 a.m. - 2:00 p.m. Tues - Thurs: 7:30 a.m. - 8:00 p.m. Fri: 7:30 a.m. - 9:00 p.m. Sat: 9:00 a.m. - 9:00 p.m. Sun: 9:00 a.m. - 9:00 p.m.

Family Days: 10:00 a.m. - 3:00 p.m. Closed: Holidays

Military & Family Readiness Center

Mon - Fri: 8:00 a.m. - 4:00 p.m.

Closed: Weekends, Holidays & Family Days and the last Friday of each month for training

Child Development Center

Mon - Fri: 6:30 a.m. - 5:30 p.m.

Closed: Weekends, Holidays & Family Days

Family Child Care

Mon - Fri: 8:00 a.m. - 5:00 p.m.

Closed: When coordinator is out inspecting

Youth Center 687-5586

Mon - Fri: 6:30 a.m. - 5:30 p.m. Closed: Weekends, Holidays & Family Days

School Age Program

Mon - Fri: 6:00 a.m. - 8:00 a.m. | 3:00 p.m. - 6:00 p.m. Wed: 6:00 a.m. - 8:00 a.m. | 2:00 p.m. - 6:00 p.m. Non-School Days: 6:00 a.m. - 6:00 p.m.

Pre-Teen Open Recreation Mon - Fri: 3:00 p.m. - 6:00 p.m. Wed: 2:00 p.m. - 6:00 p.m. Non-School Days: 1:00 p.m. - 6:00 p.m.

Teen Open Recreation Age: 13 - 18yrs Mon - Fri: 3:00 p.m. - 7:00 p.m. Wed: 2:00 p.m. - 7:00 p.m. Non-School Days: 1:00 p.m. - 6:00 p.m.

#### **FITNESS**

Sports & Fitness Center

687-5496

Fitness Assessment Cell 687-2869

Mon - Thurs: 5:00 a.m. - 10:00 p.m. Friday: 5:00 a.m. - 8:00 p.m. Sat & Sun: 10:00 a.m. - 5:00 p.m. Aquatic Center 687-5502 Memorial Day - Labor Day

24/7 access card only After Hours, Holidays & Family Days (register for access card at front desk)

#### FOOD

Duffer's Grill-Royal Oaks Golf Course

Will re open during golf season.

Mission's End Club 687-4422

Mon - Fri: (Lunch) 11:00 a.m. - 1:00 p.m. (Bar) Wed - 3:30 p.m. - 7:00 p.m.

Thu: 4:00 p.m. - 7:00 p.m.; Fri: 4:00- 9:00 p.m.

Closed UTA, Weekends, Holidays & Family Days

Ozark Dining Facility

687-5677 Weekdays

Breakfast: 6:00 a.m. - 8:30 a.m. Lunch: 11:00 a.m. - 1:00 p.m. Dinner: 5:00 - 8:00 p.m.

Midnight Meal: 11:00 p.m. - 12:30 a.m.

#### Weekends

Brunch: 7:00 a.m. - 12:30 p.m. Dinner: 5:00 p.m. - 8:00 p.m. Midnight Meal: 11:00 p.m. - 12:30 a.m.

Refueling Point

687-4422

Mon - Fri: 6:00 a.m. - 9:00 a.m. Lunch 11:00 a.m. - 1:00 p.m. Closed: Weekends, Holidays & Family Days

Stars & Strikes Grill (Summer Hours) 687-5114

Mon. 8:00 a.m. - 2:00 p.m. Tues. - Fri. - 8:00 a.m. - 8:00 p.m. Sat. 11:00 a.m. - 8:00 p.m. Sun. 11:00 a.m. - 5:00 p.m. Family Days: 10:00 a.m. - 3:00 p.m. Closed: Holidays

Touch & Go Flight Kitchen 687-2700

Breakfast: 6:00 a.m. - 8:30 a.m. Lunch: 11:00 a.m. - 1:00 p.m.

**UTA Weekends** Open for 131st UTA schedule ONLY

Contact us on our on-call phone for box meal requests @ (660) 233-9265.

