

July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Cordon Bleu Pasta Primavera Mashed Potatoes Steamed Rice Southern Collard Greens Creamed Style Corn 1	Pepper Steak Tuna Noodles Mashed Potatoes Steamed Rice Potato Halves Mexican Corn 2	Meat Loaf Fish Onion-Lemon Baked Rice Pilaf Baked Beans Carrots Broccoli Polonaise 3	Independence Day 4	FAMILY DAY CLOSED 5
Chicken Parmesan Fish w/Lemon Garlic Butter Brown Rice Oven Browned Potatoes Corn Calico Spinach 8	Basil Baked Fish BBQ Beef Cubes Mashed Potatoes Jefferson Noodles Cauliflower Carrots 9	Grilled Pork Chops Cajun Meatloaf Red Beans & Rice Crispy Potato Wedges Peas w/ Onions Cajun Style Vegetables 10	Baked Dijon Pork Chop Lasagna Mashed Potatoes Steamed Rice Italian Style Baked Beans Collard Greens w/Garlic 11	Cheese Tortellini with Marina Stuffed Green Peppers Corn Bread Dressing Baked Sweet Potato Grilled Asparagus Sauteed Mushrooms & Onions 12
BBQ Beef Cubes Cajun Baked Fish Steamed Rice Roasted Pepper Potatoes Peas and Carrots Asparagus 15	Chili Mac Teriyaki Chicken Rice Pilaf Simmered Pinto Beans Oriental Stir Fry Cabbage Cauliflower 16	Ginger BBQ Chicken Lemon Basil Pasta Garlic & Soy Roast Potatoes Steamed Rice Green Bean Sesame Glaze Sauteed Mushrooms & Onions 17	Honey Mustard Chicken Breast Baked Fish Mashed Potatoes Red Beans & Rice Broccoli Carrots 18	Polish Sausage Hamburger Yakisoba Buttered Parsley Potatoes Brown Rice w/Tomatoes Sautéed Peppers and Onions Brussel Sprouts 19
Caribbean Catfish Stuffed Green Peppers Baked Potato Halves Islander Rice French Style Green Beans Corn Combo 22	Baked Fish Baked Chicken Baked Mac and Cheese Mashed Potatoes Black Eyed Peas Carrots 23	Lemon Basil Shrimp Pasta Chicken w/ Mustard Sauce Roasted Redskin Potatoes Steamed Rice Sauteed Mushrooms & Onions Grilled Asparagus 24	Honey Ginger Chicken Grilled Salmon w/Citrus Butter Sweet Potatoes Southern Style Spicy Brown Pilaf Rice Stewed Tomatoes Corn 25	Italian Broccoli Pasta Stuffed Baked Pork Chops Savory Style Beans Oven Browned Potatoes Carrots on the Griddle Broccoli 26
Chicken Cordon Bleu Pasta Primavera Mashed Potatoes Steamed Rice Southern Collard Greens Creamed Style Corn 29	Pepper Steak Tuna Noodles Mashed Potatoes Steamed Rice Potato Halves Mexican Corn 30	Meat Loaf Fish Onion-Lemon Baked Rice Pilaf Baked Beans Carrots Broccoli Polonaise 31		

